

“Sunset Matters”

September, 2009
Susan Martin, *Editor*

A MONTHLY PUBLICATION FROM THE HEART OF SUNSET

Sunset Nursing and Rehab. Center
232 Academy St.
Boonville, NY 13433

Is it really September already?
Where has our summer gone?
If you're out and about you might notice a tinge of color in the start of the fall foliage color. Soon we'll wake up to a frosty morn.
August was a busy month with many fun things going on at Sunset.
Grab a cup of coffee, sit back and relax and enjoy this months issue of "Sunset Matters."

Resident Bertha Ferrara was inspired by our raining summer to write a poem which she has shared for our newsletter. Hope you enjoy another one of Bertha's poems.

"Black Clouds"

I looked at the clouds come rolling by
Dark, ominous patches in the sky
The weatherman forecasted lots of rain
I said to myself, "oh no not again"
"Come on fellows, give me a break
all this rain is hard to take."
"Promise me some sunshine instead
Lots and lots of sunshine" that's what I said.
Make the world a happy place full of
love, sugar and spice and grace.
People smiling, laughing and hugging
each other
Instead of carrying umbrellas and
running for cover.
Summer is almost over and soon it will
be fall.
We still have time to look forward to
Harvest, Indian Summer and lots of foot-
ball
I want to see the weatherman proven
wrong
And go on back where he belongs.
Bertha Helen Ferrara -age 91

"Bits and Pieces of Residents News"

"Welcome New Employees"

Residents are enjoying their new 52" flat-screen T.V in our Activity room. It is beautiful and residents enjoy watching their favorite shows and movies on it. Every morning during coffee hour "The Golden Girls" show is a big hit. Thanks Jeremy for the new T.V.

Beulah Kelsey (a-wing) was the guest of honor at a birthday party given by her granddaughter Cindy and family on July 31st. The party was held in the a-wing dining room. Beulah was presented with a lovely cake, cards and gifts.

Paul Doser (b-wing) was visited by his brother Raymond and his wife Dola. His brother was in the area during the last week of July. Raymond and his wife reside in Iowa. Paul's wife Marlene, son Brian from Boston and Paul's daughter Eileen from Rome also visited. They all went out to dinner at the 50's diner in Remsen, better known As "The Soda Fountain." It was a nice get-together.

A Pizza party was held in our solarium on Sat. Aug. 1st. Pennie hosted the party. Our dietary staff prepared several delicious pizzas. Those who gave a helping hand are greatly appreciated.

Carol Beal (b-wing) enjoyed the company of her daughters Belinda Packard and Deborah Baker, both from Illinois who were visiting for

a couple of weeks in Aug. Carols granddaughters Carolyn and Trisia visited for a week as well. The girls are both collage students. Carol enjoyed seeing her family and spending time with them. Carols sister Mary has returned to Thailand where she makes her home.

A picnic was held at the home of Yvette Lallier's for C-wing residents on Tues. Aug.4th. Yvette has hosted three picnics at her home this summer. The weather has been in our favor for all three. Her cute little home over looks the Black River. A perfect picturesque view for sure. Residents always enjoy the tranquility and an evening on the river. Salads, baked beans along with hot dogs and burgers were served. A big thank you to all who helped out. It takes many helping hands to help make these trips possible for our residents. Thanks everyone for your help

Gerry Palaka (b-wing) had a special visit from her niece and grand niece Eleanor Palaka, Davenport, Fl, and Christine Geer, Utica, NY. They visited Gerry and helped her celebrate her 80th birthday.

Betty Gamble (b-wing) recently enjoyed a special visit from her daughter and son-in-law, Debra and LeRoy from Houston, Texas. Betty was so happy to have Deb home again. This was LeRoy's first visit to Sunset and he enjoyed his time here.

“Entertainment in August”

Deb and Fred Snyder -aka- “Melody of Love” entertained on Mon. Aug. 3rd. They played to a spirited crowd who enjoyed them very much. Residents enjoy being able to see the words to their Karaoke music on the TV screen so they are able to sing along. Resident Millie White (b-wing) enjoyed her daughter and son-in-law’s performance.

It was great to have Ed Gouger and the gang providing a lovely evening filled with country music after our B-wing and C-wing family picnics on Thurs. Aug. 6th and Thurs. Aug. 20th. Everyone enjoyed the fun evening. Great job guys!

Every Monday morning you can be sure that Ed, Doug, Dick, Donna and/or Eve will be in to provide some music during our morning coffee hour. Residents look forward to Monday mornings. All visitors welcome to join us on Mon. mornings at 9:00a.m. Have a cup a coffee and enjoy the music.

Resident Hazel Thayer (a-wing) enjoys singing “You Are My Sunshine” with Ed’s group. She does a fabulous job. She sings like a pro and she shines just like a star when she is up there singing.

“Monthly Birthday Party for August”

Several residents were the guests of honor at our monthly birthday party that was held on Wed. Aug. 5th in our solarium. Our dietary dept. provided a delicious cake made by Barb Rogers (dietary staff). Ice cream was also served.

Sue Krakowski joined her mother Estella, to help in her Mom’s birthday celebration.

All honored guest received a balloon and a big piece of cake and ice cream. Everyone joined in and sang the traditional “Happy Birthday” song. It was a great afternoon! A special thank you to Bernie Bailey (volunteer) for scoop- ing the ice cream. Also thank you to Bob Anna, son of Helen Anna (c-wing) and to resident Gloria Williamson (c-wing) for help with serving the cake and ice cream and cleaning up afterward.. Your help was appreciated.

Peg Nuspliger and the Sunrisers entertained every Thurs. morning in Aug. A wonderful blend of voices make up a perfect melody. Residents and guest look forward to Thurs. mornings. On Thurs. Aug. 13th a mixture of oldies was sang by the group. They have a great time putting on a performance and we enjoy them. Our door is always open for guest who wish to join us. Come in any Thurs. morning at 10:30a.m. We’ll save you a seat.

Peg Nuspliger was rewarded on Aug. 8th with a special recognition for her outstanding devotion to our nursing home. She is always there when we call on her. She and her group have been entertaining at Sunset for over fifteen years. Cake and coffee was served following a lovely performance from the chorus.

Jeremy Conway entertained with Karaoke on Thurs. evening Aug. 27th. Residents missed Jeremy and were happy to have him back.

September Birthdays!

Ruth Lefevre 9/1
Pauline Snyder 9/3
Helen Ferguson 9/4
Julia Kaiding 9/6
Geraldine Foley 9/8
Edward Szewczyk 9/12
Jane Myers 9/14
Helen Kogut 9/15
Frank Krzewinski 9/16
Shirley Marleau 9/18
Audrey Osborne 9/21
Patricia Roach 9/23
Sylvia Kline 9/27
Mary Hall 9/28
Dorothy Squire 9/30

“SUNSET GOLDEN GIRLS” **Our Red Hat Society Ladies**



Sunset now has it's own group of Red Hat Society Ladies. On Aug. 19th, our lady residents had an pleasurable afternoon with the initiation of twenty five of our lady residents into the red hat society. Ladies from the Red Hat Society from the Boonville area, known as the “Powder Puffs” helped to start a new society group here at Sunset Nursing Home.

Some of our residents had always wanted to become red hat ladies but never had. Helen Kogut (b-wing) was a Red Hat Lady but joined our group our well. Our girls choose to be called “The Sunset Golden Girls.” With resident Josephine Potter as their queen lady, her court included Nancy Earl, Dottie Kelly, Viola Walker, Norah Worzak, Hazel Thayer, Marion Wheeler, Christina Peck, Pat

Roach, Helen Kogut, Katie Conrad, Norma Larrivey, Geraldine Foley, Gerry Palaka, Rosemary O’Leary, Barb Hopley, Agnes Cooke, Marie Flo, Audrey Osborne, Phylliss Howe, Jane Myers, Bertha Ferrara, Virginia Bolesta, Betty Barnum, and Betty Gamble.

All the ladies were presented with their own red hat made by Susan Martin Act. Asst. The Powder Puff girls (a local red had group from the community) presented our Sunset Golden Girls with purple and red beads and presented our queen lady with a corsage and a red feather scarf. Our dietary dept. provided charmingly decorated cookies and punch for the event. We ornamented our room with red balloons and served our refreshments using red napkins, plates and cups along with purple table clothes covering the tables.

We would like to thank Phyllis Washburn, Sandy Hoffam and Sandi Conway of the Red Hat Powder Puffs for their help in making our day special. Also thank you to our volunteer Flo Heffernan for her time and contribution of beads and plates for the occasion. Thank you also to Melissa Reynolds, Act. Asst. for her hard work assisting setting up and making this event a very special afternoon for our ladies. Also thank you to Marie Richards for donating a red hat that was presented to our Queen lady for her to wear on our special day.

Pictures were taken of each lady and were viewed as a slide show the following day. Everyone had a fun afternoon. Our Sunset Golden Girls are looking forward to more Red Hat functions that are being planned for the future. We took many pictures and plan to make a collage of pictures as and up coming endeavor for all to see.

“Red Hat Ladies”

There is something beautiful about a pretty lady
wearing a red hat and having fun.
She may not be young but when she smiles she looks
like she’s twenty-one.
Her eyes sparkle and when she grins
She lets the gift of sunshine enter in
She poses prettily for the photographs as they snap
her smile
“Perfect,” they say, “I like your style.”
The Red Hat Ladies had their day,
Bringing joy to everyone, what else can you say
To wonderful ladies who bring you so much pleasure?
Thank you, thank you!
You are a heaven sent treasure.



Our poet and Red Hat Lady
Bertha Helen Ferrara

“Residents News” (Continued from page 1)

Bob Anna, of Durham, NC had a great time visiting his mother Helen Anna (c-wing), for the past three weeks. Bob and family thank the Sunset staff for all that they do for their mother. Bob remarked on how much he enjoyed the c-wing picnic at Yvette's and the residents birthday party that he attended with his mother.

Shirley Marleau enjoyed visiting with Janille and Christopher Krambuhl on Aug. 3rd. Janille is Shirley's niece.

Mary Hall (a-wing) was visited by her daughter Rosemary and granddaughter Anita Surphlis and great-grandson Marc, from Mooresville, NC. They had a nice visit sharing a good time together.

Betty Barnum (c-wing) enjoyed the company of old time friend Edward Brickle, Phelps, NY. Ed has known Betty and Bernie for 65-70 years. They had a nice time talking over old times.

A Limburger Cheese party was held on Mon. Aug. 10th. Many attended and enjoyed it. A big thank you to Toni McIntyre for helping out.

Our gentlemen residents enjoyed an evening of their own with our maintenance men as their hosts. They were served Kielbasa and Sauerkraut for dinner. A fun evening was enjoyed by everyone.

Helen Anna enjoyed the company of her niece Nancy Muhan and her husband Bill from Rexville, NY. Also visiting Helen was her brother-in-law Carl and wife Margaret Anna along with her sister-in-law Dorothy Carlosh.

Norma Larrivey enjoyed seeing her brother Robert DeVoe and his daughter Erin from Homer NY. Also visiting Norma was her cousin Melanie Armstrong.

Jo Potter (c-wing) enjoyed her grandson and his family from Pittsburgh, PA. Paul, Lenore, Francis and Ava came to see their grandma. They spent a couple of days in the area so Jo got to see them a couple of times. They said that “they miss grandmas delicious cooking, and dancing and having a party together. They also would like to thank the staff at Sunset for taking good care of their special grandmother.

Paul Doser enjoyed the company of his wife Marlene who visits Paul daily, and his daughter Ei-

leen from Rome, NY. Also visiting Paul was his granddaughter Marissa and her dog Yogi who where visiting from West Virginia on Sun.

Residents enjoyed a Poetry Reading with resident Don Miller (c-wing) on Wed. morning Aug. 19th. He read many of his poems that he had written. He has written various types of poems. Some poems are humorous, some might make you shed a tear and some are religious.

Frank Stysh (b-wing) enjoyed a visit from his great-niece Peggy Nodnan from West Stockbridge, MA. Frank enjoyed reminiscing over pictures that Peg had brought to share with him.

Mary Hall (a-wing) had a special visit from her Granddaughter Sayfa Riley Bibbins is from Ellisburg, NY, great granddaughter Jessica Bibbins is from Clayton, NY. Also visiting was Mary's great-grandchildren, Clayton, Lexi and Lisa Hall. They took some family pictures with Mary and shared a great afternoon.

Anita Chaisson (b-wing) was thrilled to be able to see the famous country western singer George Jones who recently entertained at the Turning Stone Casino. Anita went with her daughter and husband. She said that “it was a fabulous show.”

Don Miller (c-wing) has been enjoying a game of Cribbage with Marlene Doser on occasion. A game of pitch remains a favorite among many residents. Our good friend Don Ruppert from Westernville comes in every Fri. morning and hold a pitch game with several residents in the solarium.

Virginia Bolesta (c-wing) enjoyed joining her son Bob and his wife Maria for an afternoon outing. They took a drive up North and enjoyed a lovely dinner at the Buffalo Head Restaurant. Virginia enjoyed a Filet Mignon dinner and a big piece of Apple pie for dessert.

Gloria and Howard Weiman (both residents) were visited by Al and Kristi Savage and Jennifer, Shelby and Alyssa Russell, and Zipper the dog from Old Forge. They are Grandchildren and great grandchildren of Gloria and Howard. They had a nice visit and Al said that, “ Zipper didn't want to leave Grandma (Gloria).

“Our local clergy provide church services”

Marie Richard's provided residents with the CMA church service on Aug. 2nd. Karen Soper provide music with her Trombone leading the congregation with hymns.

Lillian (Juan) Dietch (a-wing) conducted the Methodist Church service on Sun. Aug. 9th. She did a wonderful job and we are proud of her for continuing her ministry when she is needed.

The Trinity Episcopal Church held a service at 2:00p.m. on Aug. 16th with Bill Flack conducting the service.

On Tuesdays during August Catholic Mass was held at 10:30a.m. with Father Shawn O'Brien officiating.

On Aug. 18th, local children who attend the V.B.S. from St. Joseph's Catholic church came in to Sunset and sang some of their Bible school songs for our residents. They did a superb job. Our residents always enjoy seeing children perform.

The Baptist Church Service with the direction of Pastor Pete Egnew was held each Sat. in August at 3:00p.m. in the afternoon. Pastor Pete visits residents in their rooms and escorts them to and from the service if they wish to come. We thank him for his helpfulness.

The third Sunday of the month Pastor Gooden of the Presbyterian Church provides residents with Holy Communion.

On Sunday Aug. 30th a Methodist Church Service with Rhonda and Chris Spirrows bringing residents the service.

A sincere thank you for the Clergy and Lay people who give their time to bring the word of God in to our Nursing Home. Residents enjoy hymns and prayer and are thankful for the worship services that they have.

Welcome!!

*We would like to
welcome the following
new residents to Sunset!*

Stephen Northrup
Howard Weiman
Frank Stysh
Dorothy Squire
Claude Smith
Robert Stabb
Helen Ferguson
Eleanor Field
Julia Mooney



In Memory

***Our deepest Sympathy go
out to the families of:***

Doris Bourgeois
Katherine Owens
Kenneth Van Luven

“Staff News”

We are glad to hear that Joyce Anna (dietary) is now recovering at home and is making progress.

Cindy Redmond (c-wing C.N.A) who recently underwent back surgery was in to visit. She is doing well after having back surgery. We hope she'll be fit as a fiddle soon.

Barb DeLand (c-wing C.M.A.) recently attended the wedding of her granddaughter Jessica and her new husband Justin Morrisey. Jessica is daughter to Barb's daughter Carol. The wedding took place at the Redeeming Love Fellowship Church in Stittville. The reception was at Gramaldies. Barb

had lovely pictures of the special event to show to everyone. She is a proud Grandma.

Bo Krop, OT recently visited the Ukraine where he, family members, and others did missionary work in that country. Bo has visited the Ukraine many times and does many useful things for the Ukrainians.

Brenda Shepherd who recently did her apprenticeship in OT has finished her work at Sunset. Brenda wishes to say, “so long” to everyone and that “she had a great learning experience.” She made many new friends and acquaintances.

Residents and staff would like to welcome Jessica Berwick L.P.N. (a -wing) back. It is great to see her back to work.

Nikki Darling (unit helper) is the

proud mom of a baby boy who was born on Aug. 15th, 2009. Congrats Nikki and Stoney.

Krystal Fallon is proud to announce that her daughter Amanda has been enrolled in the SUNY Oneonta collage. Amanda is majoring in pre-med. Amanda entertained us with her clarinet last Christmas time. We wish her the best.

Heidi Marolf from Lowville will be doing her Internship here at Sunset until some time in Dec. She is a student at MVCC and is planning to be a Social Worker after graduating. She will be working with Beth Cable who is our Social worker and doing some time in Activities.

“Staff Birthdays”

Bonnie Tanner- 9/1
Melissa Roberts- 9/2
Brittany White- 9/8
Sandra Egelston- 9/10
Alicia Baird- 9/12
Debra Stocklosa- 9/13
Yvette Lallier- 9/13
Jennifer Gilbert- 9/14
Mary Katherine Britton- 9/16
Susan Nichols- 9/18
Sarah Seelman- 9/22
Courtney Williams- 9/23
Richard Grower- 9/24
Nicole See- 9/25
Yvette Farr- 9/25
Stacey Howard- 9/27
Sandra Lee- 9/28

Regina Internicola- O.T.
Sarah Seelman- Dietary
Jessica Berwick- Nursing
Brandon Golden- Dietary
Shelly Gokey- Nursing
Crystal McDougal- Nursing
Suzanne Swartout- Housekeeping

Lets have fun!!

Residents enjoy BINGO every Sunday and Wednesday evenings at 6:00p.m. Also every Friday at 2:00p.m. Come one come all! A prize for the winners.

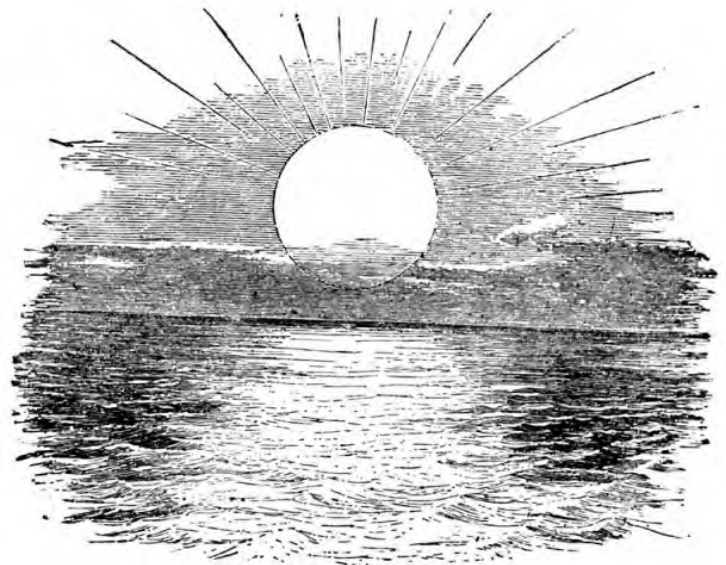
Sunset Cards is held often also. Residents enjoy this game and look forward to gathering for a fun afternoon or evening game.

Many fun and exciting activities are planned for the month of September. With Sept. being Apple month, we have some special treats planned using apples. We have some great entertainment coming up and lots of fun Activities.

Volunteers are always welcome and appreciated. It takes many helping hands to plan and accomplish many of our activities. A big thank you goes out to all who have given their time to us in what ever way you contributed. Volunteers are special people who give from their hearts.

Coffee hour starts at 9:00a.m. Come in the solarium and join us for a nice hot cup of coffee or tea, sit a spell, chat with a friend and share a laugh or two. Hope to see you soon!!

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**Sunset Nursing and Rehabilitation Center,
Inc.**

We're on the Web!