

# "Sunset Matters"

A MONTHLY PUBLICATION  
FROM THE HEART OF SUNSET  
SUSAN MARTIN, EDITOR

SEPT. 2008

## NEW ADMISSIONS

Marjorie Karram  
Alfred Williams  
Bernard Kristoff  
Louise Zeigler  
Neil Swanson  
Stella Politylo  
Kathryn Conrad  
Robert Krambuhl

## RESIDENTS BIRTHDAYS

Ruth Lefevre- 9/1  
Jessie Vollmar- 9/3  
Pauline Snyder- 9/3  
Julia Kaiding- 9/6  
Mary O'Brien- 9/10  
Geraldine Foley- 9/8  
Edward Szewczyk- 9/12  
Jane Myers- 9/14  
Frank Krzewinski- 9/16  
Barbara Bowker- 9/16  
Glen Smith- 9/18  
Audrey Osborne- 9/21  
Patricia Roach- 9/23  
Lyle Ernst- 9/25  
Sylvia Kline- 9/27  
Mary Hall- 9/28

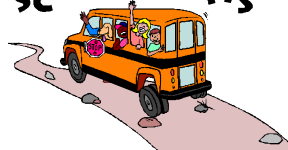
## STAFF BIRTHDAYS

Bonnie Tanner- 9/1  
Brittany White- 9/8  
Sandra Egelston- 9/10  
Yvette Lallier- 9/13  
Debra Stocklosa- 9/13  
Jennifer Gilbert- 9/14  
Mary Katherine Britton- 9/16  
Susan Nichols- 9/18  
Courtney Williams- 9/23  
Richard Grower- 9/24  
Nicole Sees- 9/25  
Yvette Farr- 9/25  
Stacey Howard- 9/27  
Sandra Lee- 9/28

## Upcoming Dates to Remember

Sept 1<sup>st</sup>- Labor Day  
Sept. 7<sup>th</sup>- National Grandparents Day  
Sept. 22<sup>nd</sup>- First Day of Autumn

**SCHOOL DAYS**



Back To School!!

**Happy Birthdays**

### " Sunset News"

Summer is drawing to an end here in Boonville. We have had a lovely summer here at Sunset with many outings and fun Activities. We have had a picnic for each wing on separate evenings this month. Along with our Labor Day picnic bringing an end to our big picnics for this season.

The Woods mans parade was an exciting event. For the 61<sup>st</sup> year the woodmen' s put on a lovely parade that some of our residents enjoyed.

A new canopy has been constructed over the deck off the solarium. It provides a nice shaded are for residents and families to sit out of the sun and rain and still enjoy being out of doors. Many people have been sitting on the deck enjoying their lunch or a visit with family and friends.

Resident Bertha Ferrara (B-wing), who has written several lovely poems gave this one to me to submit to our newsletter.

### *" A Picnic In the Park"*

The sun was very bright. It was a beautiful day.

The weather was deliciously warm for the month of May.

I said to my mother, " Lets go out and sit in the park, and enjoy the nice weather before it gets dark.

Let' s have a picnic and have some fun, " I' ll bring the sandwiches, milk and maybe a sugar bun."

My mother' s face lit up like a Christmas tree,

The prettiest sight that you' ll ever see.

I packed the food and off we went

To the nearby park and the nearest bench.

The park was alive with

Beautiful flowers, We could have stayed

There for hours But we only remained for a short while.

But it was enough to make my mother smile.

In those days my mother tired easily

Because she was so ill.

And through the years her health went downhill.

This all happened when my mother was sick and frail,

And I was still a teenager in pigtails.

That June my lovely mother passed away. Yet I remember that picnic

like it was yesterday.

She was my pretty mother and she didn' t live very long.

But she' ll always remain in my heart like a beautiful song.

Bertha Helen Ferrara-*Author*

### " Bits and Pieces"

#### Fri. Aug. 1<sup>st</sup>

The first day of August was a lovely sunny day in the low 80' s.

We started off our day with exercise to the tunes of " Oldies Song' s from the 50' s. Thank you Flo Deshaies for lending us you tunes.

Five year old Emily Marcy helped us out with Exercise in the morning. We kicked and tossed a beach ball around and Emily enjoyed helping. Emily is the daughter of Sarah Marcy and granddaughter of Linda and Daryl Marcy of Boonville. Emily came in with her grandmother Linda to visit Linda' s aunt, Barbara Guy (C-wing).

Residents had a fun time watching the little one' s while they exercised.

Don Rupert and Ken Clark were in to visit and held a pitch game with residents in the main lobby.

Eilene Marcy (volunteer) was in to visit this afternoon and assisted with BINGO. We had many lucky winners.

Steve Karram from Utica, son of Marjorie Karram (new resident C-wing) was in to visit his mother this afternoon. Also visiting was her son Fred and his daughter Jessica from Remsen.

Audrey Osborne (A-wing) had a lovely visit from her daughter Karen from Frankfort, NY. Karen played BINGO with us in the afternoon. We've learned that Audrey loves BINGO and has enjoyed playing at Casino's in the past. Audrey had been a very lucky winner at one time.

Joyce Frank (A-wing) had visitors in the afternoon. Her brother Merwin McDonald and his wife Ruth from Lyons Falls came to call on Joyce.

**Sat. Aug. 2<sup>nd</sup>**

Myra Broadbent (C-wing) attended the annual Broadbent reunion that was held at the home of her son and daughter-in-law Wesley and Linda Broadbent. There were over 52 guests. Myra told me that they had a new guest this year. A family member named Mark, that they had recently learned was a relative. Mark is from Norway, NY (near Newport.) They were all excited about meeting him and his family. He is a cousin to Myra.

Many of Myra's children, grandchildren and great grandchildren attended. Myra's daughters Lou Ann from Polk, Fla and daughter Wendy and granddaughter from N.C. arrived home for the occasion. Myra said that " she had a wonderful time.

A Root Beer and Orange Float Social was held in the afternoon with Michelle. This is always a cool refreshing treat.

Pastor Pete Egnew held the weekly Baptist Church Service in the afternoon.

**Sun. Aug.3<sup>rd</sup>**

Birdie Sweeney had visitors in the morning. Her daughter Carol Sherz and granddaughter Dodie from N.J. were in to call on Birdie. Dodie has been in the area for a few days. Birdie was so happy to see Dodie and enjoyed her visit.

Barb Bowker (B-wing) was pleased to have company from Walton, NY (near Oneonta). Her daughter Pam and husband Theron along with her granddaughter Tammy Howland and Tammy's mother Bonnie Shew from Masenville, NY came in for the afternoon. Also visiting Barb was her friend Kate. The family joined Barb for lunch in the solarium along with Barbs roommate Gerry Palaka (B-wing). They all had a lovely visit, lots of laughs, and a good time.

Josephine Potter had company in the morning. Jo's daughter Joanne and her husband Floyd along with their grandsons Preston and 18 month old Storm from Prospect. Josephine hadn't seen the little ones for quite some time and was so happy to have them visit.

The CMA Church Service with Pastor David Hedeem was held in the afternoon. Karen Soper played hymns on her trombone. Visitors from the CMA Church were also in attendance. After the service, Pastor Hedeem and visitors from the church helped serve refreshments and stayed to enjoy them along with fellowship with residents.

BINGO was held in the evening with Nikki Grant along with help from volunteers Marlene Doser and Eilene Marcy.

**Mon. Aug. 4<sup>th</sup>**

We started off the week with lovely music during coffee hour. We were very fortunate to have Doug Houghton and Eve Breen performing throughout the morning. Eve played the mandolin and Doug played the guitar. It was delightful toe-tapping music.

We made Cinnamon toast for residents along with help from Betty Hughes. Many residents come in for this favorite morning snack. The aroma attracted many people to the solarium. Thanks so much Betty for your help.

In the afternoon we played a variety of (inside) backyard games. It was dark and cloudy and with all the rain we've been experiencing lately we decided not to take our chances. Instead we held our activity inside. We played horse shoes, ring toss and shot baskets in a hoop. Marion Wheeler surprised herself in getting nine ringers at horse shoes. Pat Roach got four ringers and Phyllis Howe got six. Good job ladies!! Howard Fenner, Nick Polatta and Florence Oliver enjoyed the ring toss game and did a super job.

Joyce Frank gave us some humorous jokes and stories that she had received in the mail. I read them to everyone in the afternoon. "Church Bulletin Bloopers" were among the stories. They were hilarious and we laughed till our bellies hurt. It was a great afternoon.

**Tues. Aug. 5<sup>th</sup>-**

Mass this morning was with Father David Orzel from the Fulton area. Many resident, visitors and family members attended. We all enjoyed seeing Father Orzel again and enjoyed his service.

Our monthly Birthday party for August Birthday's was held in the afternoon. Our own Bo Krop O.T. announced the birthdays and led us in singing the traditional Happy Birthday song.

Marlene Doser, Sandy Miller, Maggie Addington and Bernie Bailey helped serve cake and ice cream. We are always so grateful for their help and appreciate them extremely.

Marion Wheelers nieces Sandy Miller and Alice Pierce were in to help Marion celebrate her birthday at the residents birthday party.

Charlie Vavra's wife Marguerite and friend Ruth Brussel from Old Forge helped Charlie celebrate his birthday. Marguerite joined Charlie for cake and ice cream at the residents birthday party.

**Wed. Aug. 6<sup>th</sup>-**

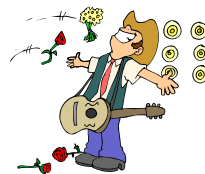
Agnes Cooke (C-wing) and her sister Florence (Flossy) Oliver (B-wing) enjoyed the company of their sister Bertha and husband Joe Sylvia from Oakhurst, NJ. Bertha and Joe have been in the area for a few days. Agnes and Flossy were happy to see their sister again.

**Thurs. Aug. 7<sup>th</sup>-**

Peg Nuspliger and the "Sunrisers" put on a lovely program in the morning with their uplifting music. Many residents attended and look forward for this weekly entertainment. Thank you Peg and the gang for always being here to provide us with a marvelous enjoyable, toe tapping music every Thursday morning.

In the evening was our B-wing family picnic. Due to inclement weather it was held inside in the solarium.

Many family members attended. Several volunteers gave their time to assist with the picnic. After the picnic, entertainment was provided by Ed Gouger, Doug Houghton, Dick Satterly and Dick Ulrich. They played some good ole rompin' stompin' music.



Everyone had a great time. A special thank-you goes out to the guys for their magnificent performance and other volunteers including Rita Kopczenski, Ed Secor, Dick Perkins, Eileen Marcy, Betty Hughes, Maggie Addington, Michelle Henry, Ann and Mark Bowen for all of their help.

**Fri. Aug. 8th-**

A.R.C clients from Lowville arrived for our monthly (inside) Beach Ball-Volley Ball game. Six clients arrived along with two staff members. We stretch out the net across the solarium, turned our room in to a volley ball court and let the game begin!! Some residents are in wheelchairs when we play and others sit in regular chairs to make it fair for everyone.



This event is enjoyed by so many and is a great exercise. Those who didn't play were spectators on the side line who cheered us on. This has been a once a month event throughout the summer months. Sept. will be our last month for this event then we will move on to something else for the fall months.

We didn't make it to the Olympic's in Beijing but had a great time here in Boonville.

In the afternoon many residents and friends of the late Clayton Villiere gathered in the solarium and played a pitch game in Clayton's Memory. Everyone will certainly miss Clayton and especially his participation in their daily pitch games. Clayton's brother Leo (A-wing) also joined in the game in Clayton's memory and has been enjoying the daily pitch games. Clayton's daughter Lyn and husband Pat from Old Forge were in to visit Leo and other residents this afternoon. Lyn was so pleased to see that residents carried on what her dad had enjoyed so much.

Leo Villiere's nephew Rick Terpin from Utica was in to call on Leo this afternoon. Rick's mother is Leo's sister. Leo and Rick had a nice visit and lots of laughs.

Men's Nite was held with our maintenance guys Eric, Rob and David along with Jeremy. It was enjoyed by all of the fellows. This was David's first time helping since he is a "new guy" in the maintenance dept. Rob cooked burgers and hot dogs on the grill. Side dishes were also served. The guys also were able to enjoy a couple of adult beverages. After dinner the guys enjoyed Kevin Ernst (A-wing) and his card tricks. Kevin has some extraordinary card tricks that have you bewildered and amazed. They leave you wondering how in the world he did it. Kevin certainly has a talent with cards. Kevin also brought along some jokes to share with the other guys. Rob said that "he had a few jokes of his own to tell." Sounds like the fellows had a super good time. Thank you Rob, Eric, David and Jeremy for putting on such a lovely evening for our fellow residents.

**Sat. Aug. 9th-**

Michelle Henry Act. Asst. made Cheese Fries with residents in the afternoon. Maggie Addington (volunteer) gave a helping hand. Residents have remarked on how delicious they were.

Baptist Church Service with Pastor Pete Egnew was held in the afternoon. Many residents were in attendance and enjoyed the service.

Christina Peck (C-wing) had a lovely visit from her daughter-in-law Mary Ann and two granddaughters Kristin and Garth. Both granddaughters are RN's at St. Elizabeth's, Utica. Mary Ann lives in Rome. The girls took Christina out on the town for Pizza and a good time.

Nancy Wasco (C-wing) said that "she went out for the evening to visit her friend Shirley Ludwikowski, Korteneer Village Apts. here in Boonville." Nancy told me that Shirley made some home made Ravioli for their dinner. The girls had a good time, a great meal and an enjoyable

evening. Nancy said that she got home before her room mate (Christina Peck) who was still out on the town.

**Sun. Aug. 10<sup>th</sup>-**

Methodist Church Service was held in the afternoon with Gazella Carnie conducting the service assisted by her daughter Julie Ann. Residents enjoy our local pastors that give their time to come in and give words of prayer, hymns and fellowship.

Jo Potter (C-wing) had a surprise visit from her son Dr. Andrew Covey from Buffalo, NY. Andrew works in an E.R. at a Buffalo Hospital. Jo was so happy to see Andrew and enjoyed catching up on things since his last visit.

**Mon. Aug. 11<sup>th</sup>-**

Music was in the air today. To start off the day our “ Monday Mornin-Coffee Drinking-Foot Stomping-Guitar Picking” gang with Ed Gouger, Doug Houghton, Dick Satterly and Donna Mucks entertaining us.



We always look forward to Monday mornings for their happy smiles and cheerful voices. They sang many songs and made some lovely music with the upright bass, banjo and guitars. They give us so much of their time most every week and we appreciate them so much. Thanks to all of you. You are special to us!!

Katlyne McIntyre (granddaughter of Susan Martin) volunteered her time for the day. She helped served refreshments during coffee hour, transport residents to and from activities and visited residents in their rooms. Katlyne is 12 years old and will be a 7<sup>th</sup> grader at Beaver River Jr. High School in September.

In the afternoon we had more music. Bill Williamson (from Constableville) and myself (Susan Martin) provided

residents with some good ole country music. We enjoy singing the old classic country songs. Bill is a great entertainer and singer and puts on a terrific show. Bill and I have played music together since the 80' s and always enjoy the opportunity to entertain an audience. Bill brought along a friend, Bob French who plays the fiddle and guitar. He performed some really nice fiddle tunes that everyone enjoyed.

**Tues. Aug. 12<sup>th</sup>-**

Mass was held in the morning with Father Larry Murullo. It was a pleasure to have him officiating in Father Karlen' s absence. Don Satterly assisted and did the Scripture reading during Mass.

Rosen' s Shoe store along with three of their most friendly sales people were in the main lobby this morning. Shoe sales were directed toward special diabetic shoes for residents with diabetes. Many residents took advantage of the shoe sales and were able to shop for shoes in their own home. Many choices and colors for an admirable pair of diabetic shoes were specially fitted to them.

**Wed. Aug. 13<sup>th</sup>-**

Michelle Henry (Activity Asst.) along with residents made a batch of chocolate cookies. Residents enjoyed helping and smelling the aroma while they baked. From what I hear they were delicious.

A “ BINGO Marathon” was held in memory of (the late former resident) Lucille Allen. Lucille was an enthusiastic BINGO player and was always ready to participate in a lively game of BINGO. Lucille loved a high spirited game of BINGO. Many residents attended in Lucille' s honor. Prizes were given to the winners.

Playing card BINGO was held in the afternoon with Michelle and regular BINGO at in the evening with Nikki. Everyone had a fun time and remembered Lucille, their friend, in a special way playing her favorite game, BINGO!!!!!!

**Thurs. Aug. 14<sup>th</sup>-**

Peg Nuspliger along with the “ Sunrisers” group of singers entertained in the morning. This uplifting music just gets you going. Feet are tapping and hands are clapping. Many hum or sing along and the music is enjoyed by all.

Michelle held a fun game of “ Sunset Cards.” Everyone is given five cards. Each player puts their cards placed face up on the table in front of them. The dealer calls off a card from the dealer’ s deck. If you have a match to that card you move that card up above the rest on the table. The first one to have all of their cards called is the winner.

**Fri. Aug. 15<sup>th</sup>-**

Exercise in the morning was table top balloon bop.

Many residents joined in around the table to exercise. Our Social worker Beth Cable gave us a helping hand and got her exercise too. We had lots of laughs and fun.

Don Rupert and Ken Clark paid their weekly Friday morning visit to the nursing home. They held a pitch game in the main lobby with Dorothy Young (A-wing) and Frank Krzewinski (C-wing.)

Several ladies from the Presbyterian Church held a social group in the main lobby with Carol Beal (A-wing). The ladies usually visit weekly and enjoy coffee, cookies and fellowship with one another.

Our weekly Friday afternoon BINGO game was held in the afternoon. The room was full of players who enjoy this favorite game.

In the late morning some of our residents along with staff and volunteers headed down town for the 61<sup>st</sup> Woodmen’ s Field Days parade. Staff members and

volunteers loaded up their cars and off we went. We took bag lunches, soda and snacks for everyone and enjoyed a picnic before the parade. A special thank you goes out to our volunteers Shelia Williams, Mary Jane Clark, Maggie Addington, Kayla Burdick, Eileen Marcy, David Canisita (maintenance dept.) and his wife Leda, Marlene Doser, Cindy Porter and Cindy Redmond for helping us out. We greatly appreciate Carol and Jeff Scherz, Ford St. who allow us to park our vehicles and lawn chairs on their lawn so that we have a front side seat to the parade.

Eileen Marcy entertained us with her bubbly personality while we watched the parade.

Log trucks, Logging machinery and floats, horses and many other participants made up a great parade.

**Sun. Aug. 17<sup>th</sup>-**

Episcopal Church Service was held with Pat Kazek a (Lay Person) in the afternoon. Pat gave a lovely heart touching sermon. She joined us after the service for fellow ship and told some very spiritual heart felt stories that everyone enjoyed.

Kenny and Sharon Youngs were in to visit Bernard Kristoff (C-wing) in the afternoon. They have been friends for years. Bernie enjoyed their visit. While here Kenny and wife Sharon also visited Dorothy Young (A-wing) and other residents and staff members while at the facility.

**Sun. Aug. 10<sup>th</sup>-**

Methodist Church Service was held in the afternoon with Gazella Carnie conducting the service assisted by her daughter Julie Ann. Residents enjoy our local pastors that give their time to come in and give words of prayer, hymns and fellowship. Pastor Joan Ripp who usually does our service, has been a little under the weather. Our thoughts and prayers are with her for a speedy recovery.

Barbara Bowker had company today from Walton, NY. Barbs daughter Debbie Goodrich and her husband Rich

came in for the afternoon. This was Debbie' s first visit to our Nursing home. Barb gave Debbie the grand tour of the nursing home and the garden area.

Craig Carnright and Richard Emmerick (both from C-wing) enjoyed watching NACAR in the afternoon. Craig' s son Ty was in to visit along with his grandmother for the afternoon. Craig and his dad also enjoyed NASCAR together. Ty is six years old now. He said his favorite car is #24, Jeff Gordon. Craig prefers to think that #8 Mark Martin is the best.

#### **Mon. Aug. 18<sup>th</sup>-**

The gang was in for their Mon. morning music program. Ed Gouger, Dick Satterly, and Doug Houghton played some lovely music. Our room was full of people. Residents and visitors all took part in the enjoyment of the music.

Many Blue grass and classic country songs were among their selections. Great Job guys. Eehahh!

Later in the morning we made " Monkey Bread." Anita Chaisson (B-wing), Nancy Earl (C-wing), Dorothy Young (A-wing), and Geraldine Foley (A-wing), all helped prepare the bread dough forming it into many little balls, rolling them in brown sugar and cinnamon. and dipping them in butter. Then we let them rise and baked it after lunch. Residents enjoyed a cup of coffee or tea and a fresh warm piece of Monkey Bread while listening to the readings of " jokes and funny stories."

We had lots of chuckles. They say, " Laughter is the best medicine."

#### **Tues. Aug. 19<sup>th</sup>-**

Mass was held in the solarium in the morning with Father Don Karlen officiating. Don Satterly did the scripture reading. Many visitors and residents attended the service.

In the afternoon we made " Fruit Smoothies. Along with ice we blended pineapple, bananas and strawberries to make a think cool refreshing drink.

In the evening of " Ladies Nite" was held for our ladies residents. We used a Carnival theme. Our room was decorated with colorful balloons on all the tables and around the room.

We made Goulash in the afternoon. Anita Chaisson (B-wing) and Dorothy Young (A-wing) helped cut up green peppers and onions. Along with the goulash we had Italian bread and tossed salad (prepared by our dietary dept.) Pistachio pudding was served for dessert. Along with myself, Brittany White (office staff) and Candy Norres (Unit helper) assisted with serving the meal and cleaning up afterward. Thank you girls for your help.

After our dinner Amy Griffin (daughter of Lillian Dietch, A-wing) and her helpers set up a small Carnival of games around the room.

Her helpers included Amy Griffin, Sharron Belyea, Thelma Farr, and Jill McConnel along with Jill' s daughter Cali. Also office staff member Angele Devoe came in to help with the Carnival. Some of the games included " Fool the Guesser," where the guesser had to guess your age within 5 years or guess your birth month within 1 month. Down a couple of tables was the " Pick a Duck for Luck game," a " Ring Toss game" , and " Guess your weight within 10 lbs," and a " Ladder game." One of the most popular games was " Roll and Win dice game."

The girls all took part in helping with the games. Tickets were given to the winners for each game. At the end of the games drawings were held and everyone got a prize. The ladies had a wonderful exciting evening. Thank you Amy, Sharon, Jill, Cali and Thelma for giving your time to make this such a fun evening for our ladies.

Mary Sassenbury from Ava and Alice Havener from Onieda both sisters-in-law to Frank Perry were in to visit him in the morning. They enjoyed each others company. Later in the evening Frank was visited by his two daughters Sandy and Shelia along with Shelia Williams (dietary). The girls played cards with Frank and had an enjoyable evening.

**Wed. Aug. 20<sup>th</sup>-**

We were happy to have Mary Jane Clark (volunteer & former Activities employee) in for the day to give us a hand. It was great to have Mary Jane serving coffee to everyone and helping out when we needed her. Thanks Mary Jane!! We love and miss you.

Wendy Benson daughter of Myra Broadbent (C-wing) has been home from North Carolina for a while. She was in this morning and made some of her special donuts for our residents. The aroma filled the air. Her donuts are delicious.

Peg Nuspliger and the “ Sunrisers” where in to entertain us. We were fortunate to have Michael Ferris singing and entertaining too. He has a fabulous voice and is a great entertainer. The music was uplifting and very enjoyable to say the least. The group did a wonderful job.

In the afternoon, Deb and Fred Snyder -aka- “ Melody of Love” were in to entertain us with their lovely music. As usual everyone enjoyed their Karaoke music and entertainment.

BINGO in the evening with Nikki was lots of fun. It’ s surely a game that everyone looks forward too. Linda Marmon (C-wing) and husband Al got in on the game. Linda and Al own and operate “ Cash for Cans” redemption center near Port Leyden. You may have heard

one of Al’ s famous “ singing commercials” on our local WBRV radio station.

**Thurs. Aug. 21<sup>st</sup>-**

Eilene Marcy was in to lend a hand in the morning. She assisted in serving coffee/tea etc. during our coffee hour. Eilene is always so cheerful and fun to have around. She is always there when we need her. Thank you Eilene.

The C-wing family picnic was held in the evening. Many family members and friends attended. The menu included hamburgers and hot dogs cooked out side on the grill. Also served were baked beans, macaroni salad, chips and cookies for dessert was served.

Besides our own Pennie Oaster, helpers included Beth Cable (social worker) her daughter Lindsey, Dick Perkins, Rita Kopczenski, Rob Richter, Ed Gouger, Mark, Eileene and Dean Marcy. Emily Marcy and Lindsey Cable (both five years old) enjoyed passing out the cookies for dessert. Both Lindsey and Emily will be starting Kindergarten at Adirondack Elem. School in Sept. They have both been good little helpers this summer. They have helped out several times this summer. Little volunteers are very special.

After the C-wing picnic residents were entertained by our faithful musicians Ed Gouger, Doug Houghton, and the gang. Some good ole country music filled the air. They did a super job. Everyone had a great evening.

**Fri. Aug 22<sup>nd</sup>-**

During coffee hour this morning Nancy Wasco (C-Wing) was proud to announce the birth of five new baby fish in the Aquarium in our main lobby. They are tiny little orange “ gold fish.” Nancy was so excited. Her daily job is to feed the fish which she enjoys doing very much.

Exercise with Table Top Balloon Bop was invigorating. While playing, three of our balloons burst scaring the

daylights out of most of us. But...it gave us a good laugh. Little Emily Marcy helped out and had a great time.

Louise Zeigler (B-wing) had guests in the afternoon. Long time friends and neighbors Bob and Barnette Grower were in to say "so long." The couple recently sold their home in Boonville and is moving to Houston, Texas to make their winter home their permanent residents. Louise said that she will miss them. Bob is also brother to C.N.A. Richard Grower (C-wing, 3-11).

**Sat. Aug 23<sup>rd</sup>-**

Barb Bowker (B-wing) had a social call from daughter Pam Howland from Walton, NY. Pam spent the afternoon with Barb. She is spending a couple of days in the area. Pam assisted in activities with serving refreshments and cleaning up.

Charles Vavra (C-wing) had guests from Old Forge. An old time friend and golf partner Dick Myres along with Charlie's wife Marguerite were in to see Charlie. He was happy to see them.

Nick Polita (B-wing) had a special visitation from his younger brother Frank and his wife Mary from "Jersey." Frank and Mary are first time visitors to this area. Frank and Nick have not seen each other since Nick left New Jersey some time ago. It was a great reunion and so nice for the brothers to re-unite again. Their visit was heart touching. Along with Frank and Mary was Nick's son, Nick. Son Nick and his wife Kathy own and operated the "Quick Stop" store in Otter Lake, NY.

Nancy Wasco was a guest at the wedding of her brother Edward Wasco and Gertrude Lehtz. Both Edward and Gertrude are residents of the Heritage Home in Utica, NY. The wedding and reception both took place at the Heritage Home. Nancy brought back photo's to share of the

occasion. She said "it was a lovely wedding and she had a very nice time."

**Sun. Aug. 24<sup>th</sup>-**

Coffee hour was held on the deck in the morning. Over thirty two residents and many visitors enjoyed their favorite morning beverage along with the fresh morning air. It was a perfect morning for getting outside. Both Pam Howland and Shawn Hitt, (daughters of Barb Bowker (B-wing) assisted in serving coffee. Jokingly Barb said she is hiring her girls out for the summer. Ha! Ha!

Later in the morning Susan Martin (myself) got out my guitar and entertained everyone with some hymns and a variety of songs. We stayed outside till it was time to come in for lunch. What a lovely time we had.

Presbyterian Church Service was held in the afternoon with Pastor "Bob" officiating. Evelyn Wagner played some beautiful hymns on the key board. A Social hour with refreshments followed the church service.

(C-wings) Christina Peck's daughter and son-in-law, Joyce and Jack Eikenberg arrived from Bonita Springs, Fla. Joyce and Jack brought in a beautiful birthday cake to celebrate Christina 90<sup>th</sup> birthday which was on the eighteenth. Friends and residents attended the occasion. Everyone had a lovely time. Christina had a very special 90<sup>th</sup> celebration. Joyce and Jack are visiting in the area for a few days.

Stella Politylo (B-wing) had visitors in the afternoon and entertained them on the deck. Along with Stella's daughter Karen, Boonville, NY was Stella's two sisters Jane Sabik, from Yorkville and Josephine and husband Stanley from Marcy, NY.

**Mon. Aug. 25<sup>th</sup>-**

Ed Gouger, Dick Satterly and Donna Mucks made some enjoyable good listening music during coffee hour. They sang and played their instruments bringing happy smiles to everyone.

Today was Dick Satterly' s birthday. Everyone joined together in singing a very joyous " Happy Birthday" to Dick.

Happy Birthday wishes also go out to volunteer Eve Breen who plays the mandolin with Ed and his group and sings on Thurs. with Peg and the Sunrisers, (Adirondack Chorus).

Jane Pfendler was in to visit in the morning. It' s always nice to see her.

Flo Sasenbury (volunteer) assisted in serving coffee and refreshments during coffee hour for the past couple of days. Thanks Flo for your help.

Millie White (B-wing) had visitors today. Deb and Fred Snyder along with Deb' s daughter' s April and Kimberly with their daughters Josie, Audrey and Tessah and Savannah.

Millie loves to have her family visit and looks forward to seeing them often.

Marj Karram' s son Fred and his wife Tracy along with their daughter Jessica were in to see Marj. Fred and his family are from Remsen.

A birthday party was held in honor of Linda Marmon' s (C-wing) birthday. The party was hosted by her husband Al. A delicious cake was presented to Linda by Al and served to residents and visitors. Terri Britton, (niece of Al) dropped in to wish Linda a Happy Birthday. Linda was very delighted with her party and wishes to give thanks to those who attended.

**Tues. Aug. 26<sup>th</sup>-**

Eileen Marcy (volunteer) assisted with serving coffee and refreshments in the morning. Thank you Eileen for helping out when we needed you.

A Rosary and Communion service was held in the morning with Don Satterly leading the service. Communion was also delivered to residents in their rooms who were unable to attend the service.

Dorothy Young had a nice visit from good friend Vilda Helmer. They had a nice chat.

A fun game of bean bag toss was held in the afternoon with Bernie Bailey (volunteer) helping out.

**Wed. Aug. 27<sup>th</sup>-**

The monthly Residents Council Meeting was held with Pres. Anita Chaisson and Vice Pres. Kevin Ernst presiding.

Leo Villiere was pleased to see niece Lyn and husband Pat Kinney from Old Forge.

Charlie Vavra (C-wing) and his wife Marguerite celebrated their 58<sup>th</sup> wedding anniversary today. Happy Anniversary to you both.

A Kielbasa Roast was held in the afternoon. Michelle roasted some Kielbasa on the grill outside. It was enjoyed by everyone.

**Thurs. Aug. 28<sup>th</sup>-**

Pastor Linda Logan from the Trinity Episcopal Church conducted the Holy Eucharist Service in the morning. Peg Nusplinger accompanied members of the church choir on the key board during the service.

Music with Peg and the Sunrisers entertained with music from " The Happy Sing-a-long Book." Happy Days are

Here Again” started off the sing-a-long. Peg, laughingly suggested that since it was still summer, everyone could sing “ In the Good Ole Summertime.” The sing-a-long was enjoyed by everyone. Many people. Many toes were tapping and hands were clapping.

Bernie Bailey (volunteer) was in to visit his mother who was celebrating her birthday. While visiting, Bernie assisted with our Sunset Cards game.

**Fri. Aug. 29<sup>th</sup>-**

Nikki Grant (Act. Asst./UH) lead activities for her first time during the day. She helped out while “ I” was on vacation. She did a great job with the exercise group. Our active exercise of Table top balloon bop was stimulating. Nikki found that she got “ her” exercise too picking balloons up off from the floor. Little helpers this morning were Emily Marcy (great-niece of Barbara Guy, C-wing) and Troy VonMatt (great-grandson of Lyle Ernst, B-wing.)

Anita Chaisson (B-wing) had a nice visit from daughter Terry Crumb, from Onieda. Terry and her husband recently attended the wedding of their son in Maryland. Terry brought in pictures of the special occasion to share. Anita and Terry went out for lunch and enjoyed their day.

Don Rupert and Ken Clark from Westernville were in to visit in the morning. They held their weekly pitch gathering in the main lobby.

The usual gang joined in.

The Presbyterian ladies group consisting of Vivian Brucker, Carol Kulpa, and Joyce LeClair joined resident Carol Beal (B-wing) for coffee and fellowship in the main lobby, lounge area. Carol always enjoys the ladies group and looks forward to their weekly social call.

Craig Carnright (C-wing) was happy to announce his trip to the NY State fair. Craig went with his mother, and other family members. His favorite attractions were exhibits, the butter sculpture, and games. Craig said that “ he had a wonderful time.”

Steve Snyder, Grandson of Louise Zeigler (B-wing) visited Louise in the afternoon. Louise was pleased with his company.

Estelle Michael had a lovely visit from her sister Charlotte Rava in the afternoon.

In the evening residents were fortunate to have special entertainment from Kenny and Mark LaPlante from Remsen. It was great to have them entertain for us again. Everyone enjoyed their music and has left them talking about it for several days. Kenny and Mark provided a musical program in remembrance of their mother who had passed away one year ago that day. Their family members attended and shared in their reminiscence of their mother. They showed a short video of their mother and her loving family. A very heart touching and emotional acclaim. Refreshments were served by Pennie and her helper Bonnie Snyder, (volunteer).

**Sat. Aug. 30<sup>th</sup>-**

It was great to have Brittany White as our Act. Asst. today. She does a great job and we love having her help us out.

**Sun. Aug. 31<sup>st</sup>**

The last day of August is upon us. It is hard to believe another month has come and gone. Vacations are coming to an end, school will be starting and soon we will waking up to a frosty morn. But.... still we have lots of nice weather left to enjoy.

Michelle Henry Act. Asst. and Nancy Earl were busy in the morning wrapping plastic silver ware in napkins getting ready for our Labor day picnic that will take place

tomorrow. Then they tied a pretty little ribbon on each one. According to the forecast, sunny days are ahead for the next few days.

The Methodist Church Service was held in the afternoon. Lay speaker, Elder Chris Spiros, and his wife, Rhonda conducted the worship service. Clenyce Tainor played the key board for several hymns during the service. Carol Ingersoll was also in attendance to lend her support to the worship service.

**Residents mourn the passing of:**

Sophie Stemkowski  
Ruth Westerman  
Clayton Villiere  
Marilyn Leah

**“ Staff News”**

We wish to welcome the following new employees to our facility:

William Terry – Dietary  
Sara Tittle- Unit Helper  
Nicole Darling- Unit Helper

Amanda Gay (11-7 C.N.A.) and daddy Daniel are pleased to announce the birth of their baby, Zachary Evan on Aug 2<sup>nd</sup>, 2008 at 11:27a.m. Baby Zach weighed 7lbs. and 11oz. He was 21” long. Both Mom and Baby are doing fine. Amanda and Daniel were in to show everyone their baby boy. He is beautiful. Residents were so happy to meet their new arrival.

Carolyn Podkowka (7-3 weekend supervisor) recently returned home from Woodbridge, Va. after visiting her youngest son Jonathan for a week. Jonathan is employed by the FBI in Va. Carolyn had a lovely time and enjoyed her vacation.

Susan Martin (myself) recently spent a few days in Lake George with my husband Mahlon. We had a wonderful time attending the Great Escape, the Painted Pony Rodeo and BBQ, a boat cruise aboard the Minnie-Ha-Ha on Lake George, shopped in outlets and ate in some lovely restaurants. We stayed at the Corian where we enjoyed the hot tub and pool. We had a wonderful, relaxing time. Thank you to those of you who helped out and filled in for me making my vacation possible. Also a very special thank you to Marlene Doser who faithfully kept up on Sunset news for the last week of Aug. for our news paper. Thank you Marlene you did a great job.

A special thank you goes out to all of our volunteers who helped us out this month in whatever way you gave of yourself. We are grateful for you and the time that you have given us. You are special people.