



SUNSET NURSING & REHABILITATION CENTER, INC.

May 2009

Susan Martin, Editor

Sunset Matters

A monthly publication from the heart of Sunset

BEAUTIFUL MAY

Bits & Pieces

Activities enjoyed in the month of April were BINGO every Sunday & Wednesday evening with Maggie Addington, activities assistant and also on Friday afternoon with Sue Martin, activities assistant.

Sunset cards were played on Thursday afternoons with activities assistant Sandy Conway.

Our good friends Donald Ruppert and Ken Clark of Westernville come in on Friday mornings and play a good game of pitch with some of our residents. Residents that enjoy this weekly game are Albert "Joe" Earl, Frank Krzewinski both from C-wing, Alfred Williams and Kevin Ernst both from A-wing.

Our monthly residents birthday party was held on Tuesday April 7th. We had eight residents celebrating their birthday this month. Dietary employee Barb Rogers made a lovely cake for the occasion. Ice cream and lemonade were served as well.

We had great entertainment from our special friend Marie Richards, "aka" Minnie Pearl. Marie always comes in like a ray of sunshine with her jokes and antics putting a smile on everyone's face.

Residents enjoyed a Limburger cheese party on Saturday April 11th. Attendance was high as many of our residents find this to be a special treat. Special thanks goes out to our dietary staff for the preparation as

the odor is almost unbearable but a tasty snack none the less.

Every Monday morning residents enjoy cinnamon toast during coffee hour. While enjoying their toast some good ole foot stomping music was provided by Ed Gouger and friends. We all enjoy this and sing along. Thanks goes out to all of our musicians whom are appreciated so much! The public is always welcome.

Men's night was held on Friday evening April 17th. The guys enjoyed meatball & sausage subs, potato salad and limburger cheese. Enjoying the evening with our fellows were maintenance employees Eric Stempien and Rob Richter. A-wing resident Kevin Ernst finished up the evening with some of his favorite jokes that all our guys enjoy.

Saturday April 18th a party was held in the solarium to honor Hazel Thayer's 96th birthday. Hazels friends from the CMA church hosted the party. A lovely cake and ice cream were served for the special occasion. Many friends and residents were in attendance to help Hazel celebrate. She received many cards and gifts. Hazel very much enjoyed her party.

Monthly guest Irene Uttendorfski (a local author from the Densley area) comes into share excerpts from her book "*Hannah and her Two Sisters*". Residents also enjoy reminiscing with Irene about the good old days.

C-wing Resident Albert "Joe" Earl and

B-wing resident Anita Chaisson have been very busy cooking. They prepared hamburger soup, chicken soup and split pea soup. Anita provided the ham bone for flavor that she brought back from Easter dinner with her daughter. Craig Carnright also C-wing resident enjoyed watching the cooks hard at work. Joe said even on occasion Craig had some advice!

LET YOUR MOTHER KNOW
HOW MUCH YOU LOVE HER
ON MOTHER'S DAY!

SUNDAY MAY 10TH

Resident Birthdays for May!

Barb Hopler 5/4

Barb Guy 5/10

John Sanderl 5/11

Agnes Cooke 5/12

Bertha Ferrara 5/13

Mary Mosher 5/13

Karl Marsden 5/15

Jo Potter 5/21

Rosemary O'Leary 5/22

Rita Marcinkowski 5/26

Janice Vannamee 5/28

Paul Doser 5/31

Francis Kirk 5/31

Easter @ Sunset

Residents were busy this month with Easter crafts. They decorated bunnies and eggs from felt and craft foam. They also enjoyed making Easter lilies and tulips from paper and pipe cleaners.

Easter egg coloring was also enjoyed by some of the residents. The colorful and glittery eggs made them proud to sit back and admire their work. Joining in on the fun was our very own Administrator Mary Katherine Britton. Residents always find Mary

Katherine a treat to spend time with.

Resident Mary Mosher and Pennie Oaster Activities director filled plastic eggs with candy for our Easter egg hunt. Mary & Pennie had a lot of fun & laughs with this project. The Easter egg hunt was held on the morn of Good Friday.

Our friends from ARC and some local children participated. Prizes were given to the top three winners who gathered the most eggs.

Winners:

1st : Emily Marcy
(kindergarten @ Adirondack Elementary)

2nd: Ashley Thornton (4th grade @ Adirondack)

3rd: Amanda Webster (from ARC)

A special thanks goes out to our special friends from ARC who helped to push wheelchair residents throughout the building hunting for the eggs!

On the right, Bridget Charney coloring Easter Eggs.



Church Services

Marie Richards held a special CMA church service on the first Sunday of April to honor Palm Sunday. Following the church service the Methodist church choir did a cantata of music and narration.

Mother Linda Logan of the Episcopal church held a communion service on Thursday morning April 19th.

A Catholic mass was held on Holy Thursday with Father Donald Karlen officiating.

Don Satterly held a Catholic service for the Stations of the Cross and Communion on Good Friday. Catholic masses were held on Tuesday mornings for the remainder of the month.

Easter Sunday April 12th Pastor Joan Ripp held a Methodist church service. Grand children & great grand children of Pastor Joan's presented a special performance for Easter. The girls,

Evelyn Simanowski, Devin Hernandez and Cora accompanied on guitar by Hannah Ripp, acted out and sang two songs. With their polka dotted dresses and bows in their hair they did a wonderful job.

Pastor Pete Egnew has provided residents with Baptist Church services on Saturday afternoons at 3 pm. Residents enjoy choosing their favorite hymns to sing along with.

We appreciate our local clergy who make our weekly church services possible.

Sunset's doors are always open to family and friends who wish to worship along with our residents.

Entertainment

We are fortunate to have Peg Nuspliger and her Sunrisers group every Thursday morning. They share with us their beautiful voices and music. Stop in and share a Thursday morning with us you will be glad you did!

Our Monday morning enter-

tainers Ed Gouger & friends provided us with music on the evening of April 8th. Residents and guests always enjoy Ed and his music. Little Lindsey Cable (daughter of employee Beth Cable and kindergartener at Remsen School) brought with her a

little guitar and played right along with the band and sang "You are my Sunshine". (see picture on page 3)

Jeremy Conway has entertained us with his karaoke on several occasions in the month of April. Residents love and look forward to his next per-





Residents Enjoy Visitors

Resident Margaret Bailey (C-wing) enjoyed the visit of daughters Vera, Genny and Vicki that hale from San Antonio, Texas and Barnegat of New Jersey. While in town the girls attended the Adirondack High School musical “ *Anything Goes* ” . Margaret “s grandson played a leading role.

On a separate date Margaret enjoyed a visit from Carol Kornmyer of Perkin, Illinois. Carol is the sister to Margarets daughter-in-law Lynn.

Charlie Vavra (C-wing) enjoyed seeing his daughter Susan Rhoades from Knox, Pennsylvania. Susan is the youngest daughter of Charlie and Margurite. Susan was able to spend a couple of days in NY.

Friday mornings resident Carol Beal enjoys the company of her Presbyterian

lady friends who all enjoy coffee and fellowship in our main lobby lounge.

Saturday April 11th resident Bertha Ferrara enjoyed the company of her family for an Easter dinner. Bertha’s daughter Joanne, husband Rod and their daughter Heather Ventura Flinchum along with grandson Hayden Flinchum joined Bertha in the Solarium for a lovely chicken dinner.

Easter Sunday many family and friends were in to visit their loved ones. Many residents enjoyed Easter dinner out and even some spent the entire night with their families.

Resident Dr. Louis Mascitelli enjoyed an Easter dinner brought in and prepared by his wife Virginia and their family.

A special thank you to Ashley Thorton for the pretty little crocus plant that she brought in to brighten the solarium. While

visiting Ashley called a few games of BINGO! Ashley did a superb job. It is nice to have little helpers too!

Helen Anna (C-wing) granddaughter Cara Anna visited on Monday and Tuesday April 13th & 14th. Cara makes her home in China where she is a reporter for the Associated Press. Helen and Cara enjoyed a stroll in the gardens of Sunset . It was a nice Spring day and Helen said “ a first whiff of real air”.

It was nice to have a visit with 3 month old Logan Robert Jean Richter son of employee Rob Richter. Our Sunset family looks forward to watching it’s newest little member grow.

We Welcome Our Newest Residents

Jane Klosner

Helen Anna

Rita Marcinkowski

Sophie Sadlowski

Allan Kehl

Donald Shue

Aznif Bogoshian

Dr. Louis Mascetelli

Leonard Lenaghen

Faith Williams

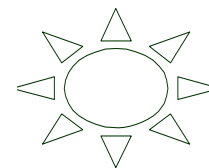
Gloria Williamson

Stephen Matula

Norah Worczak

Kenneth Vanluven

Antoinette Albanese



Welcome!

Residents Enjoy visitors continued

Resident Helen Anna enjoyed a visit from her Aunt Mary Getman on May 26th . Helen’s Aunt stated that their visit was very pleasant and the refreshments and service was good as well.

Marion Wheeler also enjoyed a visit from niece Alice Pierce. Marion & Alice strolled in the garden area .

On the right, Ed Gouger & friends entertaining on the evening of April 8th. Their guest entertainer is Lindsey Cable singing “You are My Sunshine”. Lindsey is the daughter of Beth Cable an employee here at Sunset.





BEAUTIFUL MAY

A poem submitted by resident Bertha Ferrara who has written many poems especially for our paper.

May is one of the loveliest months of the year
The Winter is gone & Spring is definitely here
The grass has turned green and tulips, crocuses and daffodils have appeared on the scene
Once again the sky is blue
As the beautiful clouds come riding through
White buds appear on the trees and warm winds have become a breeze
All the pretty Spring flowers are in bloom
Decorating Boonville like a giant mushroom
Hundreds of girls in pretty white dresses and blue bows danced around the May pole celebrating May
Mothers are tenderly remembered on their special day
Yes, May is one of the loveliest
Months to appear
Let us all be grateful when it is here.

Bertha Helen Ferrara

Age 90

Staff News

Welcome to our New Employees!

Heather Johnson—C.N.A.
Wendy Thomas—C.N.A.
Matthew Roberts—C.N.A.
Melinda Newman—C.N.A.
Heather Baker—C.N.A.
Adam Reynolds—C.N.A.
Amanda Loucks—C.N.A.
Tara Dozier—C.N.A.
Betheny Yauger—C.N.A.
Linda Jantzi—LPN
Penny Locash—UH
Sara Kohl—UH
Carrie Ward—UH

May Employee Birthdays

Joanne Alger
5/20
Jeremy Britton
5/8
Beth Cable
5/16
Gail Campbell
5/14
Barbara Deland
5/19
Toni Delmonico
5/23
Amanda Gay
5/30
Genevieve Post
5/16
Julie Taylor
5/26

Melissa Taylor

5/28

Dawn Yager

5/20

Recently Bert Goodhines (laundry personnel) along with her friend Jeanne Marie O'Brien enjoyed a bus trip to Ottawa, Canada to see all the tulips.

Alice Baslow (Director of Laundry Services) and Bert Goodhines recently enjoyed 3 days in Atlantic City.

Melinda Newman and Pat Irvin are engaged. Melinda said that Pat took her for dinner at 257 Restaurant in New Hartford and her engagement ring came out from the kitchen on a covered plate! How romantic!
Love is in the air!

Sunset News

Wednesday April 1st Rosen's Shopper Service came to Sunset. Rosens had everything from clothing to shoes and everything in between. Residents were able to shop for Easter attire or just browse around.

A Spring Bazaar was held on April 4th where over 25 vendors with a variety of crafts were present. The public and residents shopped till they dropped. There was lunch available for purchase in our OT room. The food was delicious. Thanks to Matt Ingersol for donating the soda. C-wing resident Nancy Earl was our cashier and what a fantastic job she did. All proceeds benefit our residents activity fund.

A big thank you goes out to all those who gave their time to help with the bazaar. A special thank you to Chick Wednesday April 1st Rosen's Shopper Service came to Sunset. Rosen's had merchandise from clothing to shoes and everything in-between. Residents were able to shop for Easter attire or just browse around.

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A big thank you goes out to all those that gave their time to help with the bazaar. A special thank you to Chick Capon and Mary Jane Clark for your help. All had a good time.

Thanks to all that made the bazaar a success!

A Spring Raffle was also held with all proceeds to benefit the residents activity fund.

1. Home Sweet Home Banner to Kim Czajka
2. Medium sized stuffed bunny to Karli Redner
3. Small stuffed bunny to Sheila Mohrizycki

"Guess how many jelly beans in the jar" Another fun way to be a lucky winner!

Proceeds also to benefit residents activity fund.

1. Large chocolate rabbit to Andy Bechard
2. Jar of Jelly beans to Bert

Goodhines

Sunday May 3rd at 3:00 pm a group of area musicians will present a "Musical Matinee" in the Sunset solarium. Soloists Heather Ventura—Flinchum, Mary Ann Reilly, Terry Marcy, Mike Ferris, Miss Nuspliger And John Deroos will present songs from Broadway musicals such as "Showboat", "My Fair Lady" and "Evita". The public is cordially invited to attend. Come & enjoy. There will be refreshments following the performance.

Our last come as you are breakfast for the season was held on Tuesday April 14th in the solarium. It was a perfect sunny morning and the food was good as usual. A special thank you to Ed Gouger, Jeff Scherz, Betty Hughes and our staff for all of your help. It sure takes many helping hands.

Friday April 24th we were visited by

a group of people called "MOC" or Military Order of the Cooties. These kind people who hail anywhere from Maryland to New Jersey are from VFWs all over the U.S. Their main work is to visit hospitals and VFW Homes for children. Commander Paul Bergy of Camden, NY and Grand President Terry Lenox from Almira, NY gave a brief presentation. They presented our nursing home with a check and lap blankets to many of the residents. Some dressed as clowns and others wore their uniforms. Cookies and punch were served compliments of our dietary staff. The refreshments were served by the VFW members. Our residents then played BINGO with some of the Cooties assisting.

If you would like to e-mail a resident you may do so at:

Residents@sunsetnrc.com



In Loving Memory

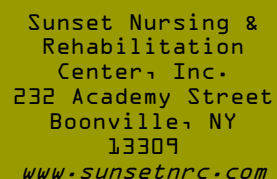
Cameron Kingsbury

Irene Kapustynsky

Reid Shaffer

Leonard Lenaghan

**We extend our deepest sympathies
to their family & friends in this
hour of need.**



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