



"Sunset News"

Another month has rolled around and summer is almost here. Many of our residents have been enjoying the getting outside in the sunshine and the beautiful flowers and buds and blossoms that are in bloom in the garden. Spring is unfolding and rebirthing. The narcissus have been in full bloom on the back side of the garden. Now and then one might stop and pick one or two. If you get the opportunity, it is a lovely walk around the grounds of the garden. The birds are chirping and summer is right around the corner. A mother robin has been building a nest in one of the trees and has laid her little blue eggs. Mother Nature is awakening. What new signs of spring have you seen?

A yearly Procedure In Service training with Russell Phillips and Associates LLC was held both May 6th, and May 7th for all staff members.

Our annual Spring Bazaar was held on May 10th in the solarium. Crafts, baked goods and other items were sold by various local vendors. Many residents enjoy shopping right at home. Several outside guests attended the bazaar. After browsing around, some enjoyed lunch or a cup of coffee in the OT room. Kielbasa and Sauerkraut, macaroni

salad, chips, soda and desserts was the menu. Many helping hands gave their time to help make the bazaar possible. Some of our residents assisted also. Anita Chaisson and Nancy Wasco helped with the preparation and sale of lunch in the OT room. Joe and Nancy Earl worked hard at selling tickets for an upcoming drawing. We all worked together. We wish to thank everyone in what ever way you gave your time and assistance. Many residents enjoyed watching and visiting with shoppers. Everyone had an exciting day.

The drawing for the Mothers Day raffle that has been on display at the main lobby entrance was held on May 10th after the Bazaar. 1st place winner of Mothers Day Relaxation Basket was Joe Dellerba, 2nd place winner of a Mothers Day Memories Basket went to Yvette Lallier. 3^d place winner of a Mothers Day Coffee Basket went to Carolyn Podkowka. Congratulations to you lucky winners!!

Eve Breen, a local artist was selling some of her beautiful art work. Eve had on display one of her beautiful panoramic oil paintings. Eve raffled off her painting at the spring bazaar. Winner of that painting was Betty Fox

A 50th Golden Wedding Anniversary was celebrated by Joe and Nancy Earl (residents on C-wing). The couple were married at the United Methodist Church in Boonville with Rev. Parker officiating. An open house was held by Nancy's sister Betty Capron and in the solarium on Sat. May 24th at 2:00p.m. Anne McLaughlin niece of Joe and Nancy made a beautiful two layer cake. Along with the cake, a variety of fruit, dip and punch were served by our dietary staff. Many friends and family members attended. The couple received cards, gifts and flowers. Entertainment was provided by vocalist Susan Martin. Joe and Nancy wish to thank all who attended and helped to make their day a very special one.

We have many talented residents here at our Nursing Home. Among them one very poetic lady includes Ellye Slusarczyk C-wing.

The following is a poem submitted by Ellye in honor of flag day June 14th:

"Thank You, Francis"

Francis Bellamy (1855-1931) wrote the original Pledge of Allegiance in August, 1892, to celebrate the 400th Anniversary of the Discovery of America by Columbus. Then in 1364, Congress added the words "under God". In 1885, June 14th was chosen as Flag Day because it was the 108th anniversary of the official adoption of the Stars and Stripes. Visit Bellamy's gravesite in Rome Cemetery near Jervis Avenue and Thomas Street. Also stop by Jervis Library and get a free phamplet on Francis Bellamy. It's very informational.

The Fourteenth of June-a significant day.
To honor our flag in a most special way!

Symbol of our country-forever it will
wave,
Magnificently splendid, o'er our home
of the brave.

And Truman's proclamation in 1949
Decreed this observance-a patriotic sign.

So Romans especially can be very proud,
Since part of their heritage is most well-
endowed.

With a favorite son, who is famous
indeed!
Francis Bellamy was staunch in his flag-
waving creed.

From a young, early age he grew
up in Rome.
Cherishing his friendships-in his
favored home.
And soon came the day he was
put to the test.
Bellamy triumphed. He gave it his best!

It was four hundred years since
Columbus came ashore.
This Anniversary of Discovery-a time to
prepare for.

So Francis, the minister, the patriot,
the man.
Wrote our "Pledge of Allegiance
according to plan.

To honor our country, to show
true respect.
It's time honored words give us time
to reflect!

So each time you recite our pledge
to the flag,
Be an extra proud Roman, prepared to
brag.

For Bellamy, the composer, of words
with such style.
Was schooled here in Rome, where
he lived quite awhile.

Visit his gravesite-remember him well!
In Rome's cemetery, his spirit does dwell!

So let's all pledge allegiance to our
country so great,
On the fourteenth of June-a most
memorable date!

Author - Ellye Slusarczyk



"Bits and Pieces"

Thurs. May 1st-

Peg and the Sunrisers were in for a delightful program. So many look forward to Thurs. mornings when it's time for the gang to come and sing again. All are welcome to attend every Thurs. morning in the solarium. You'll be glad you did!!

A luncheon was held at noon time in the solarium. The theme was "An Old Hens Party." A chicken dinner from "The Coop" here in town, was the menu. Many lady residents attended the luncheon along with one old rooster, Tom Carroll. Tom said that "he had to keep the old hens in line." A great time was had by the entire group.

Resident Anita Chaisson made a delicious spaghetti sauce in the kitchenette of the solarium. Anita is a wonderful cook and values any chance she can get to stir up a delicious dish. The aroma filled the air as her sauce simmered away.

Birdie Sweeney B-wing was happy to see her daughter Carol home from Daytona, Fla. Carol and her husband Jeff spent two weeks in sunny Fla. We're glad to have you back Carol.

Fri. May 2nd-

Mildred White had a special morning. Her niece Sharon La Rose from

Saugerties, NY was in to visit. Sharon is staying with Millie's daughter Deb for a few days. Sharon tells us that Millie is her "sweet aunt Mille" and she has some wonderful memories of her.

Later in the afternoon Millie had a visit from her granddaughter April, and her two little girls Josie and Audrey.

Christina Peck's daughter Joyce and husband Jack from Naples, Fla. are back in town. They arrived on Sun. and will be staying a few days. The two are a lovely couple who shared a nice visit with Christina and many others here at the home. Jo Potter always enjoys seeing them too. Joyce and Jack brought Christina some cheese curd from the Great American. They took Christina to Rome (her home town) and treated her to a lovely afternoon. They dined at the Plaza where they had Beans and Greens, Pizza and some home made Italian Pasta. They also visited friends Tony and Kay Stevens from Rome who occasionally takes Christina to the Buffalo Head Restaurant.

Joyce and Jack admired the new refurbishing here at the nursing home and comment on the lovely changes. Jo Potter tried to teach Joyce and Jack to play pitch but Jack says, "it requires a little more effort."

It was great having Joyce and Jack here to visit. Along with Christina, we look forward to their next visit.

It was good to see Arlene Ernst in to visit her husband Lyle today. Arlene is recovering from Cataract surgery and is feeling great.

Sat. May 3rd.

A pizza party with Michelle Henry was held in the Solarium in the afternoon. Many residents and family members attend.

Bible Baptist Church Service with Pastor Pete Egnew was held after the Pizza party.

Sun. May 4th-

The CMA church service was held in the afternoon with Rev. David Hedeem. Many residents get out to listen to his sermon.

Mildred White was delighted to have her daughter and son-in-law, Shirley and Jim Gerrard back from their winter home in Lake Placid, Fla. They make their summer home in Poland, NY.

Mon. May 5th-

Ed Gouger along with Doug Houghton, Eve Breen and Donna Mucks entertained during our morning coffee hour. They sounded great as usual. Ed quizzed us with a couple of trivia questions and told a joke or two. We have a great time when they come in.

Our residents assisted by Susan Martin made "Monkey Bread." It was a fun recipe to make. Many didn't know what Monkey Bread was until today. Step one in the morning was putting it together. Christina Peck and Phyllis Howe helped to roll the bread dough into little balls then dipped it in melted butter. Gerry Palaka shook each dough ball in a mixture of brown sugar and cinnamon. Other residents preferred to sit back and

watch. The best part was step two which was baking it, smelling the delicious aroma then "eating it." Yum-Yum!!

Everyone really enjoyed it want to do it again soon. Our Monkey bread will be for sale at our spring bazaar. Florence Hrim was in to visit this morning. She shared a nice visit with Anita Chaisson and others who have missed her since her husbands passing. It was great to see you Florence.

Deb Snyder was in to call on her mother Mildred White. Deb and her cousin La Rose donated beautiful colorful afghans to residents this morning. The residents were so happy and grateful for their lovely gift.

Myra Broadbents daughter Gail and her husband Richard were in to visit this morning. Gail's mountain climbing excursion is coming up soon.

Margaret Hart's friend Roger played a few melodies on the piano for us this afternoon. We enjoyed it Roger. It sounded great.

Tues. May 6th-

A special Mass for the late Sigrid Britton was given today by Father Donald Karlin. Mass closed with a lovely Hymn for the blessed Mother and all mothers for mothers day.

Marion Wheeler had visitors from April Brown and friend. The ladies visited Marion while she was at home in Forestport and would bring her bible books. Both Marion and Hazel Thayer enjoyed their visit.

Many residents got out for a stroll around the garden today. What a beautiful warm sunny day.

Anita Chaisson has been cooking again. Today she made Sauerkraut and Kielbassa. It simmered all morning and made everyone hungry just smelling the aroma. It was superb Anita. You out did yourself again.

Our May Birthday Party was held in the solarium in the afternoon. Thirteen residents celebrated their birthday this month. Happy Birthday to you all.

Michelle Henry played a game of pitch with Clayton after lunch. Clayton is always ready to play a few hands. Marlene Doser is often getting a game of pitch going with many residents.

Yours truly, Susan Martin entertained our residents with the guitar and a sing-a-long sining some old time country songs and some comical songs that every one enjoyed. Several residents joined up while we sang and laughed and had a merry ole time.

Wed. May 7th-

A fun game of kick ball was held in the solarium with Michelle in the morning. Bean bag toss in the afternoon was exhilarating.

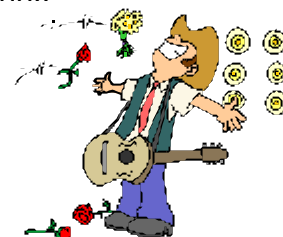
Michelle Henry assisted the residents in some gardening. They decorated cute little plant dishes, then after filling them with soil planted marigold seeds in them. In just a few days they began to sprout. As soon as the fear of frost is over we'll put some of them out in the garden.

The Adirondack Chorus with director Peg Nuspliger entertained in the evening with excerpts from their concert entitled "Barn Dance." The complete concert is scheduled for May 16th at 8:00p.m. at Frank Stysh's Barn, Moose River Rd. Boonville.

Peg Nuspliger conducted the music accompanied by Sylvia Fici on the keyboard and Phyllis Pfendler on bass keyboard. Angela Bartelotte on guitar, Ed Gougar on Banjo and Eve Breen on the Mandolin were some of the musicians for the evening. Donna Mucks who also plays guitar and Terry Marcy were soloists for some Patsy Cline songs. Another highlight was the chorus's rendition of "Stand by Your Man."

Several Country and Western numbers were performed. The melodious concert with Country Western flair made for a rompin' stompin' good time.

Eeee Hahhhh!!

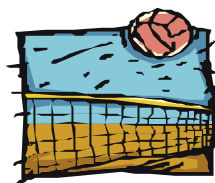


Thrus. May 8th-

Peg Nuspliger along with her Sunrisers were back in to entertain our residents with their invigorating music.

Fri. May 9th-

Clients were in from ARC from Lowville. Today we played a volley ball game with balloons. ARC vs. Sunset. We had a super time and lots of fun. We plan to make it a monthly event during the summer months.



Wendy Benson is home from North Carolina for a few days and was in to see her mother Myra Broadbent. Her first stop from the air port was here at Sunset to see her mom. Welcome home Wendy.

Sat. May 11th-

Our annual Spring Bazaar was held today. A busy but fun day was had by all.

National Nursing Home

Week May 12th- May 17th !!

Sun. May 12th-

HAPPY MOTHERS DAY!! Numerous visitors were in throughout the day to visit. A lovely mothers day brunch was set up by our dietary dept. in the main lobby in honor of our mothers. Some "Moms" received phone calls on their special day. A few moms went out to spend time with their families. Lots of beautiful plants and flowers were among the gifts received for dear sweet "MOM." A lovely Roast Beef dinner was served by our dietary dept. on Mothers Day.

Some of our residents were busy moms. We have learned that Myra Broadbent is the mother of fourteen children and June Mc Cauley is the mother thirteen. Agnes Cooke, is a mother of nine children and Mildred White is the mother of seven. Whether you had one child or a dozen you are all special mothers. Hope you all had a lovely mothers day!!

Mon. May 11th-

Ed and the gang were in for their Monday morning sing-a-long during coffee hour. Doug Houghton and Eve Breen joined Ed for some for some pickin' and grinin'".

An ice cream social was held in the afternoon. Hot fudge or butter scotch topping, nuts, whipped cream and cherries were the makings for a delicious treat. Thank you Marlene Doser and Maggie Addington for helping out.

In the evening Penny along with Marlene Doser and residents made a yummy batch of "Hawaiian Island" cookies. I hear that they were delicious.

Tues. May 13th-

Mass with Father Don Karlin was held in the morning. Gail Wood Hale played the keyboard during mass and sang "Ave Maria" with her angelic voice.

What a lovely day to get outside. Our lunch group ate out on the deck at noon time. Later in the afternoon many residents spent the afternoon out on the patio for some music. Unfortunately our afternoon program with pianist Carleton Boone was cancelled due to illness in his family. He has rescheduled for later next week. Instead residents were entertained by our own (yours truly) Sue Martin with my guitar singing some oldies but goodies country music and folk songs. Many enjoyed sipping lemonade while singing along.

Wed. May 14th-

Penny and Michelle hosted a liver and onions luncheon in the solarium. Residents were included in the preparation of the meal. Then of course the best part was eating the delicious meal. As the onions and peppers simmered away the delicious smell filled the air. The luncheon also included a salad and rolls. Many residents participated.

In the evening Ed Gouger invited a group of musicians in to entertain. There were fiddles, guitars, banjos and the melody filled the room.

Ed Gouger and, Chris Pepe strummed their Banjos, while Doug Houghton, Allan Chrysler, Dick Ulrich picked their guitars. Laurie Dennis, Dave Wilson sawed away on the fiddles while Paul Temple and Mike Woolheater made a joyous sound on their harmonicas. All and all the melodiousness was spectacular.

We don't hear yodeling often, but Dave Wilson yodeled for us and excited the whole room with his gift for yodeling. Yodel-a-dee-who!!

A beautiful cake made by the Boonville Big M, along with punch was served to our guests in honor of "National Nursing Home Week."

Krystal Fallon C.N.A. (C-wing) came bouncing in to the solarium and danced with some residents. I call Krystal our Bee-Bopper!! We love it when Krystal comes dancing into the room and joins in the fun.

Thurs. May 15th

Peg and her Sunrisers group were in the morning. Lowville ARC clients were also in to enjoy the festive music.

Hannah Ernst was in to visit brother-in-law Lyle and to spend the morning visiting with everyone. Good to see you Hannah!

In the afternoon "Melody of Love" featuring Deb and Fred Snyder entertained with their Karaoke Music. They are a husband and wife team that really enjoy putting on a show. They gave our residents a terrific afternoon of Country Western plus a variety of other music and fun. It's always uplifting when they come in to entertain. Great job Deb and Fred!! They leave our residents reminiscing about their music for days.

Fri. May 16th

Our Friday morning Pitch group including Josephine Potter, Frank Krzewinski, and Clayton Villiere enjoyed a few hands of pitch.

BINGO in the afternoon was a treat. Christina Peck won nine games. Way to go Christina!! She must have picked

some lucky cards. Win or loose we had a great time playing. Thanks Sue Kratzenberg (volunteer) for helping us out.

Jerry Krambul was in to visit Albert Stosal on Fri. and said his new job is going great. He said that "he misses everyone hear at the Nursing Home. "

Sat. May 17th

Pastor Pete Egnew conducted the Bible Baptist Church Service in the afternoon.

Sun. May 18th

Lyle and Alene Ernst are proud to announce the graduation of their granddaughter Heidi Sorenson from the St. Elizabeth school of nursing. A breakfast for the graduates was held at the Radison in Utica. The graduation was held at the Lady of Lourdes Church. Heidi won and Perseverance award. Heidi's State boards for Registered Nursing exam will be in the near future.

Mon. May 19th

This morning Ed Gouger and the gang were in with their joyous music. We have decided to call them the "Monday morning, coffee drinkin', foot stompin' guitar pickin' band!"



Back yard games were held in the solarium due to inclement weather. We played various games including basket ball, bean bag toss, ring toss, catch, and finished the afternoon off with glass of cold lemonade.

In the evening Penny Oaster and Marlene Doser assisted residents in making Chewy Fudgie Bonbon cookies.

Small pieces of cookie dough was wrapped around a candy kiss before baking. Residents had a lot of fun doing this. John Penree especially had a good time. He would eat a candy kiss then wrap one with dough. I hear that the cookies were "to die for!!"

Tues. May 20th-

A bus trip was arranged for the Turning Stone Casio by Michelle Henry. It was a fun day. About 20 residents and staff/volunteers rode the Burnie Bus to Onieda to the ravishing Turning Stone Casino where we spent the afternoon and part of the evening. We dined at the "Seasons Harvest Buffet for a scrumptious meal." Later while some tried their luck on the machines, others shopped at their various gift shops, and some enjoyed the lounges or strolled around and took in the sites. It's grandeur is astounding.

Thank you Dawn DeLeon who filled in the Activities Dept. while we were away. Residents enjoyed jokes and funny stories with Dawn.

Wed. May 21st-

We have had a few chilly days prohibiting us from getting out side. It certainly has been sweater weather.

We all wish Arlene Ernst wife of resident Lyle Ernst an expeditious recovery as she goes through her second surgery for cataracts.

Accordion player Paul Spring entertained in the afternoon. He performed non-stop for one hour walking among all the listeners getting them involved. Among his selections were "My Wild Irish Rose"

and "She Wore a Tulip." It was a fascinating afternoon.

Thurs. May 22nd-Pianist Carleton Boone from Utica, NY entertained in the afternoon. He did a lovely job with his classical form of music. He was fantastic and everyone enjoyed his performance.

Elaine and Harold Stepp of Avon Pk. Fla. and Chitenango, NY were in to visit Mildred White. They also brought Millies two year old great grandson. Millie was so happy to see them.

Fri. May 23rd-

A chilly day once more keeps us from getting out side to enjoy the fresh air. Arlene Ernst was in today and did great on her surgery. She looks good and feels wonderful.

Myra Broadbets daughter Mary Lou is home from Fla. and in to visit for a few days. Myra was so happy to see her.

Sat. May 24th-

We all wish to extend a very happy Golden Anniversary to both Nancy and Joe Earl who reside here at our nursing home. An open house to celebrate their day was put on by their family at 2:00p.m. in the solarium. We all had a wonderful time helping them celebrate.

Sun. May 26th-

Bill White from Boonville was in to visit his aunt Mildred White. Millies' daughter Shirley Gerrard also paid Millie a call. Both visitors helped to make a great day for Millie.

Mahlon Martin was in to call on residents in the afternoon. He had a good visit with Anita Chaisson and Frances Meeker. Frances gave him her usual "bear hug." They are always glad to see him drop by.

Richard Bellinger conducted the Presbyterian church service in the afternoon. Evelyn Wagner played the key board and Joyce LaClair assisted with the service.

After the church service, Bernie Bailey entertained us with Karaoke for an hour or so. He did a superb job.

Mon. May 26th-

Happy Memorial Day!!

In the morning a group of musicians (Our coffee drinkin', foot stompin, guitar pickin' band) were in and gave us a great start to the day. A farrago of songs that they performed also included some patriotic songs. Dick Satterly played his "upright bass" that he recently purchased. It is tremendously large but a beautiful instrument. It sounded great!

Our Memorial Day picnic was a phenomenal. Most of our residents were out side in the garden for a cook out. The menu was your choice of hot dogs, hamburgers, or polish sausage, along with potato salad, baked beans, relishes, chips and lemonade or iced tea. Cookies were served for dessert. Many family members attended and shared a picnic lunch. The clouds rolled in and it sprinkled a little but not before everyone was back inside. Thanks to many volunteers who gave their time to help in make this event possible. A big thank you to nursing, activities and maintenance for your work too. A job well done!!

Later some residents gathered in the solarium for a Lemonade Social were Bernie Bailey and Susan Martin took turns captivating listeners with Karaoke. Anita Chaisson got up to the mic and sang "Look at Us." Geraldine Foley, Anita and Penny danced.

Everyone had a jovial time.

Members from the American Legion "Charles J. Love Post" were in to visit and present Poppies to our Veterans and other residents.

Tues. May 27th-

Weekly Mass with Donald Karlin was held in the morning at 10:30. Gail Wood Hale played the piano. Don Satterly assisted with the mass.

Wed. May 28th-

Michelle and the residents made some chewy Fudgie cookies today. They were so moist and delicious. Definitely a great recipe.

In the evening residents Anita Chaisson and Nancy Wasco along with Penny Oaster went out for a Car Cruise-In at Freddy's Diner in town. Our own "North Country Girl" Susan Martin was entertaining there with Karaoke. It was a good time for them and they really enjoyed an evening out.

Thrus. May 29th-

Sunset cards with Michelle was fun today. Next to BINGO is a favorite game.

Fri. May 30th-

Ethel Waite and Vera Lisowski were in to visit Helen Kogut and Anita Chaisson. It was good the two girls.

Many look forward to this day. BINGO!!! You guesst it!! Residents can't wait till 2 o'clock rolls around and it's time to play. Bernie Bailey came in to call BINGO and did a great job as usual.

Sat. May 31st

Residents made Puppy Chow with Michelle in the afternoon. A delicious snack made with Chex cereal.

A small birthday was held for Paul Doser in the Solarium by his wife Marlene in the afternoon.

Pastor Pete Egnew conducted the Baptist Church Service in the afternoon at 3:00p.m.

Residents mourn the passing of the following:

Jack (John) Foxenberg
Evelyn McAllister
Ethel Webster
Eleanor Patrick
William Woernley

Perhaps they are not the stars,
but rather openings in Heaven
where the love of our lost ones pours
through and shines down upon us
to let us know they are happy.

Author- unknown

"Staff News"

Janet White C.N.A. (B-wing) is recovering from surgery from which she had a tumor removed from her arm. Janet said that she is doing fine and said all went well.

Ann Rowlands, (dietary dept), has been excited about getting ready for the wedding, of her son Joe. Joe and Katies wedding was on May 9th at the Rusty Rail in Canastota, NY. Resident Mary Rowlands is also happy about attending her grandsons wedding. Ann's little granddaughter 3 year old Sheri Ann was the flower girl. Ann brought photographs in to share with us. It was a beautiful wedding. Congratulations to the newly weds.

Christine Seelman, (Unit Manager A-wing) and Jessica Berwick, (charge nurse- A-wing) recently enjoyed a ten day vacation in West Palm Beach, Fla. The girls had a lovely time.

While in Fla. they visited Sea World and an Animal Safari along with other attractions. Chrissy said that they spent most of their time by the pool getting some sun. They had a relaxing vacation. Nice tan girls. Welcome back!!

Yvonne Roes (C.N.A. B-wing) recently spent from a three week visit (her home land) in Haiti. Yvonne visited her mother and other family members that she hasn't seen in a year. Yvonne and her husband also did some missionary work while there. Yvonne said that, "she had a lovely time" We all missed her very much and welcomed Yvonne back with big hugs.

On May 6th, Sue Nichols, CNA gave birth to a bouncing baby boy named Dalton Robert. Dalton weighed in at 6lbs. and 6oz and was 21 " long. Dalton has a very proud big brother named Brayden at home. Mom, Dad, big brother and baby are doing great. Theresa Mooney (dietary dept.) is a great aunt to the new baby. Congratulations Sue and family.

Sue has been in to visit with Baby Dalton several times. Residents are excited to see him and think that he is very beautiful.

Gilbert Tebo II, CNA C-wing (3-11) was injured by a 4-wheeler. Gilberts injuries involved some fractures. He has a broken right arm and left leg. Gilbert spent a few days in St. Elizabeth's hospital in Utica where he under went some surgery. Gilbert is now recovering at home. We sure miss Gilbert and wish him the best along with a speedy recovery. He will be out of work for a few weeks. Residents have signed a get well card to send to Gilbert.

A Sunshine basket was put together for Gilbert by staff and friends. A 50-50 raffle was done on Gilbert's behalf. The drawing was on Fri. May 8th. The winner was Gilbert himself. Some "charitable" person put Gilbert's name on their ticket and that ticket was drawn.

Gilbert was in to visit along with his mom and dad on a few occasions. Gilbert said "he is doing okay but has a lot of healing yet to go." He is using a w/c for now until his arm heals then he will be able to use crutches. He may be returning to work sometime in August. We were so delighted to see him.

Jerry Krambul, Maintenance dept. has a new job with the Village of Boonville. Jerry will be missed by many of us. Good luck Jerry.

Volunteer Bernie Bailey (son of resident Margaret Bailey) has recently been hired at the Lowville Wal-mart. Bernie is excited about his new job. He will be working in the maintenance dept. Bernie will still be coming in to help out when he can. We are all happy for him. Good luck Bernie!!!

Maggie (Mary) Addington will be joining our list of Volunteers. Maggie is Mary Rowland's (resident B-wing) daughter. We are happy to have you Maggie and we are looking forward to having you with us.

Bo Krop (O.T.) recently spent a couple of weeks in the Ukraine. Bo tells us that a team of six missionaries including his wife helped the coal-mining region, orphanages, a psychiatric hospital, and planted a field of potatoes, onions, and beans for the meals on wheels program. They spoke at a remote school. Various ministries helped with medical, sewing,

and cooking. They bought a stove for the meals on wheels program. Fabric was purchased for sewing sheets and pillows for the hospitals. There is much compassion and young children are taught without cost to them. Welcome back Bo, we missed you!

A fund raiser luncheon was held on Thurs. May 15th for C.N.A. Barb Hayes (A-wing) who is afflicted by a uncommon condition that has effected her immune system. She goes for treatments in Boston, Mass. Barb's treatments entail traveling to Boston once a month, spending the night with more treatments the following day. Many staff members donated food items for the luncheon. Barb wishes to thank everyone for their generosity in making this luncheon a success. It's great to have friends to help one another in a time of need. Our Sunset family pull together when there is someone in need.

A friend is someone that reaches for your hand and touches your heart!!

Our retired nurse/friend Priscilla Linck is home for Fla. after spending the winter down there. Priscilla has been in to visit us. Good to have you home Priscilla.

A heartfelt condolence goes out to Deb Stoklosa (housekeeping), Flo Deshaise (C.N.A.) and their families for the recent passing of their father Terry Seymour. We are all so sorry for your loss.

Amy Green (dietary) recently graduated from MVCC where she majored in nursing. We are all so proud of her. She has been working so hard at this for the past couple of years. Amy will be taking her RN boards in the near future and plans to work in Dialysis at Faxton-St. Lukes.

Kristie Kerber a Senior at Adirondack has been doing her Internship here at Sunset. She has been working for the past few weeks with Bambi Steria in our main office. Kristie is a vocational student at B.O.C.E.S in Glenfield where she is taking Business Comp. Technology. She plans to attend Utica School of Commerce in the fall.

Our sincere condolences go out to Margaret Weiler (Housekeeping) for the loss of her husband Alvin on May 29th, 2008 after a tragic logging accident took his life. Our thoughts and prayers go out to Margaret and her family.

New Staff Members:

We wish to welcome the following new employees to Sunset:

Marilyn Wood- C.N.A
Stacey Howard- Dietary
Amanda Hoepker- Unit Helper
Carrie Marolf- LPN
Tracy Iseneker- Unit Helper
Lisa Garcia- Unit Helper
David Catalni- Dietary
Belinda Bosschaart- Dietary

A DEDICATION TO ALL DADS **ON FATHERS DAY!!**

"New and Improved"

The little girl was sitting in her father's lap as he read her a goodnight story. From time to time, she would take her eye's off the book and reach up to touch his wrinkled cheek. By and by she was alternately stroking her own cheek, then his again. Finally she spoke, "daddy, did God make you?" "Yes, sweetheart" he answered, "God made me a long time ago."

"Oh she said," then "daddy, did God make me too?"

"Yes, indeed honey" he assured her.

"God made you just a little while ago."

"Oh" she said. Feeling their respective faces again, she observed, "God's getting better at it now isn't he?"

Author - Unknown

"FATHERS"

Father must be a farmer, his family
the fertile field; sowing seeds of
instruction, each year fine crops
to yield.

Acrobat of amazing agility, choosing
early his priority; balancing that
swaying tightrope, between job
and his family.

Teacher with infinite patience, leader,
Encourager, guide; unashamed
never embarrassed, to show his
tender side.

Honorable judge, discerning juror,
with wisdom his cherished friend;
when hard decisions arise, knowing
how and when to bend.

Earnest and eager guardian, angel
with accurate sight; watching over
his precious charges, keeping vigil
both day and night.

Resourceful, relentless warrior,
planning each enemy's defeat;
protecting his troops at any cost,
NO SURRENDER NO RETREAT !

Such a man who accomplishes all
this, is well deserving of; deep
respect, devotion, admiration, And
most importantly... OUR LOVE !

Author - Mary Carter Mizrany

"Things a Father Must Know . . ."

- How to fix everything from a broken toy to a leaky faucet
- How to go without lunches so his daughter can have a new dress
- How to interview prospective dates without scaring them off
- How to scare off prospective dates
- How to encourage his child without "pushing" them
- How to harden himself so he can discipline through a child's tears
- How to hug
- How to teach his child to drive
- How to hand over the car keys
- How to give horse rides with a sore back
- How to teach a child to reach for the stars
- When to let go, and when to hold on tight
- How to pay for a mortgage and college tuition at the same time.

“ Call Me Dad”

"Pops", "Pappy", "The Old Man", "Pa", and "Poppa", a few of the names I've had;

And others far less flattering, so to simplify things, just call me "dad".

.....and now I want you to meet my Dad on his 90th who was MOST certainly the best Dad in the world...



Happy Fathers Day!!!

“Up Coming Events”

On May 9th an “Italian Day” is planned with a Spaghetti and Meatball luncheon at noon. “Mamma” Chrisina Peck will be sharing her mothers recipe for our meat balls.

Music with Peg Nuspliger every Thurs. morning at 10:30 in the solarium. All are welcome.

Lawn party at Vivian Brucker’s on Wed. June 18th with Strawberry Shortcake.

Making “home made” ice cream with Don Satterly on Tues. June 10th @ 2:00p.m.

Balloon Volley ball, Sunset vs. A.R.C on Fri. June 13th @ 10:30a.m.

Strawberry Shortcake Social, Fri. June 20th @ 2:00p.m.

Fruit Kabob Social on the deck, Mon. June 23rd @ 2:00p.m.

Lawn social with Hot Dog roast, Fri. June 27th @ 2:00p.m.

Making Ice cream Sundaes, Sat. June 28th @ 2:00p.m.

Church Service are held here at the nursing home including Baptist Church Service every Saturday at 3p.m. Aternating church services (CMA, Methodist, Episcopal and Presbyterian) every Sunday at 2p.m. and Catholic Mass every Tues. at 10:30a.m. All are welcome to attend.

Join us every morning for coffee hour in the solarium @ 9:00a.m. A great place to start your day with, a cup of java, the daily newspaper and good conversation. See you there!!



Thank you volunteers....
for giving us your time this month in what
ever way you helped us out. Your giving
comes from your heart and we appreciate
you.