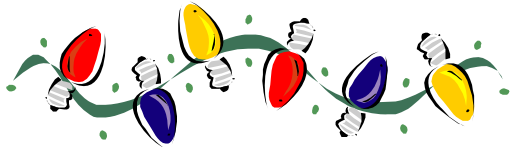


"SUNSET MATTERS"

A MONTHLY PUBLICATION
FROM THE HEART OF SUNSET
SUSAN MARTIN, EDITOR

 , 2008



NEW ADMISSIONS

Helen Cody
Gwyneth Murray
Vera O'Brien
Betty Gamble
Betty Wilson
Mary Smith
Florence Zacek

RESIDENTS BIRTHDAYS

Phyllis Howe 12/09
Leo Villiere 12/10
Nancy Earl 12/11
Helen Liddle 12/12
Margaret Hoffert 12/14
Helen Carnie 12/20
Walter Moscicki 12/20
Yvonne Horn 12/22
Margaret Hart 12/26
Raymond Dooley 12/31



STAFF BIRTHDAYS

Naomi Parrish 12/01
Renee Graves 12/03
Ann Maine 12/03
Barbara Kohl 12/03
Eric Stempien 12/10
Joellen Fox 12/17
Tamera Alm 12/18
Ashley Galarneau 12/18
Carrie Sullivan 12/18
Carolyn Hance 12/22
Mary Ann Karpinski 12/23
Marcia Snyder 12/23
Lisa Garcia 12/27
Charlene Newman 12/27
Teresa Mooney 12/30
Belinda Bosschaart 12/30

"Happy Birthday"



The Holidays are upon us. A special time for family and friends to come together. December is such a busy month for most of us with shopping, baking, decorating for Christmas, sharing time with family and friends. Please take the time to sit back, put your feet up and enjoy this month's version of "Sunset Matters." Wishing you and yours a very Happy Holiday Season.

Susan Martin, *Editor*



"Sunset News"

Our Annual Christmas Bazaar will be taking place on Sat. Dec. 6th, 10:00a.m. to 3:00p.m. We have plans for many vendors to set up tables at our Bazaar. Chilly and hot dogs will be served in the OT room for a small fee.

A Chinese Auction will be held here at the Nursing Home. Each Dept. has donated a special basket of goodies to be auctioned. The tickets will be \$1. for 5. Proceeds will benefit our Sunset Nursing Home Residents Activity Fund. Drawing for the Chinese Auction will be held Dec. 19th.

Resident Bertha Ferrara submitted a lovely Poem for our Dec. issue of Sunset Matters. I'm sure you will enjoy her poem. She enjoys writing and does a lovely job. We are proud of her talent. Thank You Bertha!!



"An Old Fashioned Christmas Eve"

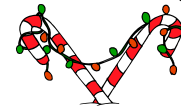
Decorated Christmas stockings
hung on a mantel row on row.
Carefully named so that Santa Claus would know
The right stocking to happily fill
As he goes about his task being King of the Hill

Children pretend to be asleep
So down the stairs they could quietly creep
Watching Santa do his part
Of pleasing everyone like a jolly old sweetheart

Homemade cookies and milk on a table for Santa to snack
Incase he became hungry before going back.
A pretty fir tree all trimmed and covered with shiny balls
Garlands and tinsel and large popcorn balls

Packages wrapped in silver and gold
Too big for the stockings were placed under the tree
Santa turned to go, then lo and behold
Turned around and came back
He saw an empty stocking and
Knew it belonged to the family dog Jack
He placed a bone and some dog toys for his friend
Before his Christmas visit came to an end.
Merry Christmas Everyone.

Author-Bertha Helen Ferrara, 90 years young



"Tid-Bits of Residents News"

Sat. Nov. 1st-

Craig Carnright and Joe Earl (C-wing) played chess over the weekend. They played 11&1/2 hours over 2 &1/2 days. Joe went bankrupt. Craig won with over 27 million plus six hotels, 3 houses and all the properties. Craig was really excited over his winnings. They both had a great time. Joe ("Pa") and Craig are the best of pals.

Michelle Henry (Act. Asst.) served Nacho's and Cheese sauce in the afternoon. Everyone enjoyed socializing and eating their snack.

Pastor Pete Egnew conducted the Baptist Church service later in the afternoon. Many residents enjoy his weekly sermon and hymn sing. He always has a nice message and touches many hearts.

Sun. Nov. 2nd-

Residents, along with Michelle Henry, made a Turkey craft. Tracing a hand on card board they made colorful feathers from craft foam and colorfully decorated them. Magnets were placed on the back and Michelle hung them around the door ways that come into our solarium. Everyone had a fun time making them. They add to our fall decorations in the room.

The CMA church service was held in the afternoon with Marie Richards conducting the services. Marie told me that they had a wonderful afternoon singing hymns. Later cookies and punch were served and Marie stayed for fellowship with our residents.

Many residents enjoyed a fun game of BINGO with Yvette Farr (C.N.A) who has been helping out in the evening.

Mon. Nov. 3rd-

Doug Houghton and Donna Mucks entertained us with some of their favorite songs during coffee hour. Later Eve Breen joined in along with Marlene Doser for the closing hymn.

The room was full of residents and their families during coffee hour. We made Cinnamon toast , a favorite of everyone's.

In the afternoon we enjoyed a fall treat of Cider and donuts. Our dietary dept. supplied us with a nice variety of donuts for our social.

Casmer Faber (C-wing) was visited by his daughters Linda Hertz, Green Cove Springs, Fla. and Nancy Norrs, Onieda, NY. Casmer and his family enjoyed watching "Spooke" the cat in the garden area at the nursing home. Casmer spotted Spooke with a mouse in his mouth. Spook is a good mouser. The family very much enjoyed the garden area while visiting.

Josephine Potter (C-wing) had a special visit from long time friends Dick and Sue Owens from Minnesota. She enjoyed their company and said they had a lovely time visiting.

In the evening (C.N.A) Cindy Redmond held a movie night with residents. She made popcorn and served soda for everyone. Thanks Cindy for helping out!

Tues. Nov. 4th-
Election Day!!

Many residents were able to vote via absentee ballot today. Many have been keeping up on the candidates for our new president and have been very interested in the election this year.

Mass was held in the morning with Father Donald Karlen officiating. Scripture reading was done by Cathy Gates. Mass was held for the late Louis Gorzalkowski.

Our monthly residents birthday party was held in the afternoon for our Nov. birthdays. Five residents celebrate their birthdays in Nov.

Our own Bo Krop OT introduced each residents who has a Nov. birthday and led us in the traditional Happy Birthday song. Bo is quite the comedian and we all enjoy his humor and silly songs he shares with us.

Eleanor Mathis, daughter of Hazel Walker (B-wing), joined Hazel at the party to help celebrate her birthday and enjoyed having a piece of birthday cake with her. Hazel was also joined by Rose Mary Foy and Majorie Mahl Hazel had a nice time being a guest of honor at the party. All residents got a big balloon. Hazels was red, her favorite color. What a lovely afternoon for Hazel and other residents celebrating birthdays.

Maggie Addinton, Marlene Doser, and Bernie Bailey, (volunteers) helped serve the birthday cake and clean up afterward. Many residents and family members joined in the fun. A lovely cake was provided by our dietary staff. Barb Rogers (dietary) decorated a beautiful cake with pastel colored decorations. She did a lovely job. Lemonade was also served.

In the evening residents enjoyed a "Lassie" Movie.

Marjorie Karram (C-wing) enjoyed the company of her son Steve who spent time with her during the birthday party and joined her and her room mate Betty Schaller in watching the evening movie.

Wed. Nov. 5th-

Many residents were anxious to here of yesterdays election results of .

Our new President elect. Barak Obama. The first black President of the U.S.made history. Many residents are pleased at the results of the election. They look forward to his inauguration ceremony on Jan. 24th.

Residents along with Michelle Henry baked in the morning. They made Honey Chocolate Chip cookies. I hear they were yummy.

In the afternoon residents made a craft. They made adorable little jewelry boxes. Some painted the outsides, while some stuck on craft foam cutouts. Everyone enjoy making crafts with Michelle. She has some very nice ideas for crafts.

Music with Peg Nuspliger and the Sunrisers was held in the morning. Many residents and outside visitors attend the music program. Peg and her faithful group of singer always entertain us with their uplifting music really get us awake and motivated. Everyone enjoys singing along with the words always provided by Peg. Thanks again everyone for another week of lovely music.

All are welcome to attend this weekly program. Our door is always open. See you Thurs. mornings at 10:30!!!

Fri. Nov. 7th-

We always look forward to Fri. We have our weekly exercise program that many residents enjoy taking part in. This week we did some stretching and bending exercises.

We were visited by clients from the ARC in Turin, Robert Foley and Joan Rueger. They joined us during coffee hour for coffee and a donuts. They visited with residents at the table. Joan told us how she enjoyed going to the movie's to see the "High School Musical" last week end looks forward to her upcoming trip to see "Loretta Lynn" at the Turning Stone Casino. Our residents enjoy their visit and look forward to next week. We welcome them back next week. ARC staff Jenn O'Brien accompanied the clients.

Lyle Ernst had a special visit from his daughter Dianne, granddaughter Heidi and great grandson Troy. Troy recently celebrated his second birthday. Happy Birthday Troy!! Lyle was also sojourning by his loving wife who visits him daily.

In the afternoon we enjoyed several games of BINGO. Many joined in for a favorite game. Marion Wheeler (C-wing) was our top winner. She always enjoys every activity and especially likes to play BINGO.

The Kaidding's (C-wing) have been visited this week by their son and daughter-in-law Neil and Grace Kaidding from Sanford, N.C. They have been staying with Neil's brother Eric and wife Sue Kaidding of Boonville. Julia said they have very much enjoyed their visit. They have reminisced about the good old days when the kids were growing up. Julia said she will miss them and prays for a safe trip home. Julia also said that "Neil and Grace will make a stop at their sister Shelly's in Pompeii Hill, Syr. before returning to their home in N.C."

Sat. Nov. 8th-

Baptist Church Service with Pastor Pete Egnew officiating was held in the solarium in the afternoon. Many residents attended. Everyone enjoys his message and the hymns sing that he provides for them. All are welcome to come in and join in the service.

Sun. Nov. 9th-

Resident Tom Carroll was proud to announce the birth of a grandson born to his daughter-in-law Fernanda and his son Tim Carroll from the Cicero area. Per e-mail from Tim, the baby weighed 6 lbs 5oz and was 20" long. His name is Brandon Patrick Carroll. Patrick is Grandpa's middle name. "Baby Brandon has large hands and feet like his grandpa," says Tim. Tom is very proud and excited and can't wait to see the new addition to his family. The new baby has a big sister at home, little Samantha who recently turned two years old.

Tim, also m told me that Tom was a great hunter and had a Black Lab dog named Candy who was his hunting buddy. Tom put Candy in the garage and Candy chewed the wires in his pick up.

Ashley Thornton was in and helped serve coffee and snacks during coffee hour. She is a super little helper. She is proud to wear her volunteer pin when she helps out. Ashley is a very grown up 4th grader who is very kind and polite. We love her visits and her help. While helping us her mom (Amy) visited resident Claude Clark (B-wing). They also joined in for coffee hour and Ashley served them hot chocolate. Residents enjoy talking with Ashley and her visits.

Sunday morning hymns were led by Susan Martin with her guitar. Many residents and outside visitors showed up for the hymn sing. We sat around the table and sang our hearts out. We have many folks here with lovely voices. The entire

group did a fantastic job singing. We have called our singing group "The Sunsetters." We are anxious to sing Christmas Carols and Christmas Hymns after Thanksgiving."

In the afternoon, Pastor Joan Ripp conducted the Methodist Church Service. Viola Earl led the hymns on the piano. She did a lovely job. Viola has been a long time friend of many people here at Sunset. All enjoyed their favorite hymns. After the service we enjoyed cookies and punch and fellowship with Pastor Joan.

Erminie Traxel was joined by her niece Jacqueline Southard and great niece Diane Sroka. They enjoyed the church Service with prayers and hymns.

In the evening residents enjoyed an evening of BINGO.

Victoria Kingsbury was visited by her son Lynn and daughter-in-law Sandra from Greenfield, Indiana who are up for the week. They also visited Cameron also who was in the hospital for a few days. We all wish Cameron a speedy recovery. Victoria enjoyed the company of her children.

Mon. Nov. 10th-

Doug Houghton, Dick Satterly, and Donna Mucks entertained during coffee hour. Ed Gouger was in to visit but came as part of the audience this time. Ed has been a little under the weather the past few days. We wish him a speedy recovery. The group did a wonderful job as usual and were enjoyed by everyone. Their variety of music is gratifying. They all have their own style. Doug who is a little bit country sings some good old classic country. Dick is more of a Blue Grass musician who picks guitar, mandolin and also plays the bass. Donna with her lovely voice is more of a folk singer. She has made some CD's and is very accomplished. Together they do a wonderful job.

The Presbyterian Ladies Group from "The In His Name Missionary Society" were in during the afternoon for our Pumpkin Pie Social. The ladies included Sandy Sherwood, Vivian Brucker, Evelyn Wagner, Joyce LeClar, and Sandy Conway. They served Pumpkin Pie with whipped cream, and cheese prepared by our dietary staff. They also served coffee and punch. The ladies socialized with residents and provided a lovely afternoon.

This is a yearly event that the ladies do for us. All had a nice afternoon.

New resident Helen Cody (B-wing) was joined by her friend Mary Goodmann from Otter lake. They both enjoyed a piece of Pumpkin Pie. Helen was also visited later in the day by Kenny and his wife Sandy from Lyons Falls, NY.

Don Green (C-wing) was visited by his family who also enjoyed the social. Don's niece Glenys Curran from Apalachin, NY and his sister Marian Jones from Vestal, NY joined Don and his

wife Bernadette. They had a lovely visit and Don enjoyed them sharing the afternoon with them. Don's niece Glenys said that the facility is lovely and everyone is very friendly and helpful. She enjoyed seeing the view from the rehab room over looking the garden area.

Tues. Nov. 11th-

"Veterans Day!" Mass was held this morning with Father Donald Karlen officiating. Don Satterly did the scripture reading. Many outside visitors along with our residents attended the service.

Veterans from the Marine Corps League Detachment 961 and the American Legion Post 406 visited the nursing home to honor our residents who were Veterans and who served in various branches of the armed forces. Bill Corrigan led us in singing many Patriotic songs. The fellows passed out song books so that everyone could sing along. Many of our own residents are Veterans and felt honored to receive such a nice visitation from fellow Vets. We appreciate the time the Legion and Marine Corp league gave to those of our residents who also served in the military. The Veterans brought along a large cake to share with our residents.

In the afternoon a music program featuring Bill Williamson, Gus Bourgeois and our own Susan Martin took place in the afternoon. Guest performer, Morris Ingersoll also got up and sang a few numbers. Gus did a fantastic job playing his dobro, fiddle and harmonica. Bill played rhythm guitar. Bill and Susan took turns sing many classic country songs. Residents enjoyed their pickin' and grinnin' and good ole foot stompin' music. Everyone enjoyed a entertaining afternoon.

Wed. Nov. 12th-

Bright and early in the morning residents enjoyed our fall/winter come as you are "Breakfast in the Solarium." Many attended in robes and slippers to enjoy a going out to eat. Breakfast was cooked right in the room and residents get to order what they would like from Bacon and eggs to French Toast and Sausage, juices and coffee etc. Pennie Oaster cooked the eggs (anyway you'd like 'um) Dawn DeLeon made the French toast, Michelle Henry cooked bacon and sausage, and Jeff Scherz made toast. Other helpers were Bo Krop, Jackie Jamache, Yvette Lallier, Tina Poore, Beth Cable, Deb Gydesen, and Angel DeVoe. Thank you all for you help in making this a special breakfast for our residents. Everybody enjoyed themselves and had a grand time.

BINGO DAY!! Residents enjoyed playing BINGO most of the day today. (Morning, afternoon and evening.) That certainly was a nice treat. Bernie Bailey (volunteer) was in and called BINGO along with Michelle Henry, Activities Asst.

Thurs. Nov. 13th-

Residents and outside guests enjoyed Peg Nuspliger and her "Sunrisers" group in the morning. All enjoy singing along with the group while to many favorite well know melodies. Peg accompanied the group on the key board while some played

guitar. We appreciated their weekly performance and the time they give to put on such a lovely program. Everyone had a grand ole time.

Fri. Nov. 14th-

We were visited again this week by two ARC clients Robert Foley and Joan Rueger who have been coming in weekly to join in our activities and volunteer in what ever way they can. They enjoyed visiting with residents while joining them during coffee hour. Later they helped out with our exercise program.

Many residents joined in as we exercised in the morning. After forming a large circle we exercise our arms and legs by playing catch and kicking beach balls. Along with some uplifting music to exercise everyone had a fun workout.

We were also visited by clients from the Lowville ARC who joined in our exercise group and joined in helping out by playing beach ball catch with our residents. All had a great time.

The Presbyterian ladies group was in to visit Carol Beal. They held their weekly gathering in t he lounge area off the main lobby. They brought in cupcakes and helped Carol celebrate her birthday which is on Nov. 16th.

Don Rupert from Westernville along with his friend Ken Clark came in to visit residents. They held a pitch game in the solarium. Frank Krzewinski, Dorothy Young and Kevin Ernst had a nice morning playing pitch with Don and Ken.

BINGO was held in the afternoon with many enjoying a fun game. Bernie Bailey (volunteer) was in a called several games. Bernie was excited to tell us that he is celebrating his 6 mo. anniversary of working at Wal-mart in Lowville. He is a busy guy now but helps us out when he can.

After BINGO many enjoyed some delicious home made cookies with a glass of punch provided by our dietary staff.

In the evening the monthly "Men's Nite supper was held. Our maintenance staff Rob and Eric along with Jeremy enjoyed pizza and wings. The fellows enjoy getting together one evening a month to sit back and enjoy each others company just for the guys. Kevin Ernst told a few jokes that the guys always enjoy. Thank you guys for giving our "men" a fun evening.

Sat. Nov. 15th-

Abundant Life Fellowship Choir came in the afternoon. Yours truly (Susan Martin) accompanied them on guitar while they sang many hymns. Residents were given song books and they sang along also. The room was full of people who participated and enjoyed the hymns. They plan to do this every month for us. Next month they will be doing Christmas Hymns on the 21st of Dec. at 1:30p.m. All are welcome to attend.

In the afternoon we held a Limburger Cheese Party. Some of our resident very much enjoy this "smelly" snack. We also served muenster along with crackers etc. As for me I think it's delicious too.

Our little helper Ashley Thorton was a great help to us. She likes to serve refreshments and help out. She served drinks to everyone in the room during our limburger cheese party. She fixes their coffee just the way they like it and serves it with a cute little smile. Ashley's mom Amy visited Claude Clark (B-wing) while they were in. Ashley plays the flute and is planing on entertaining us with it next Sunday. She is a beginner but can play a couple of songs. We look forward to her entertainment.

BINGO was held in the evening. Many were out to enjoy a fun time.

Sun. Nov. 16th-

Michelle Henry held a fun game of Uno in the morning.

The Episcopal Church Service was held in the afternoon with Pat Kazek holding the service. Following the service was cookies and punch were served.

Erminie Traxel (B-wing) enjoyed a visitors in the afternoon. Sheila and Jim Williams of Ava who are special friends were in to spend some time with Erminie. Erminie said, "they are just like family to me."

Mon. Nov. 17th-

Cinnamon toast was served in the morning during coffee hour. We make it ourselves right in the room. It is a big attraction and smells so good that many come in to enjoy it.

Resident Millie White (B-wing) enjoyed a visit from her Granddaughter Terry Pos, grandson Cory Poore and great-great grandson Harley Post. Millies loves her families frequent visits and looks forward to seeing them.

Karaoke with Leon Fuduski took place in the afternoon. Leon did a wonderful job. He has participated with other groups here at the nursing home but this is his first time out on his own. He took requests and did a fantastic job. He also played some polkas and did some fancy dancing that we all enjoyed watching. He danced with resident Geraldine Foley (A-wing) who along with other residents had a great time.

Tues. Nov. 18th-

Mass was held with Father Donald Karlen. Don Satterly did the scripture reading. Many residents and visitors attended. Residents who were unable to attend, received communion in their rooms.

Several residents participated in making a bead craft in the afternoon. Our craft was stringing beads on pipe cleaners to make wreaths or candy canes. Everyone had a fun afternoon.

In the evening was "Ladies Nite." Over thirty lady residents enjoyed an evening of their own. After a lovely salad prepared by our dietary staff we enjoyed Pizza from Luigi's Restaurant. Some yummy brownies were our dessert. The ladies enjoyed listening and singing along to Polka music. Everyone had a fun evening.

Brittany White (office staff), Mary Ann Karpinski (RN), Maggie Addington (volunteer), Krystal Falon (C.N.A.) along with yours truly, Susan Martin helped put on a memorable evening for our lady residents.

Wed. Nov. 19th-

It was a chilly day outside today. A great day to make "Chilli " inside. Residents along with Michelle Henry (Act. Asst.) made Chilli in the morning and enjoyed a Chilli Social in the afternoon.

Sue Kratzenberg (volunteer) was in and helped out during the day on Wed. Her help was greatly appreciated.

During the eve. Ed and the Gang put on a spectacular program. Foot stompin' and toe tap was seen throughout the room. The fellows did a great job for our residents as usual.

Thurs. Nov. 24th-

Music with Peg Nuspliger and the Sunrisers was a great program as usual. Everyone enjoys their uplifting music. Come in and join us for a fun time.

In the afternoon residents enjoyed more fun music. The "Melody of Love" group, Deb and Fred Snyder performed for us. Deb and Fred are a husband/wife duet who have a great time putting on a fun filled program with lots of fun and laughter. They play many songs to sing along with and many Country Classic melodies. They sure know how to get an audience involved.

We appreciate their once a month performances that they have been giving us. Deb is daughter to Millie White (B-wing) You can always find Millie in the front row with her friend Viola Walker (C-wing) when Deb and Fred perform.

Fri. Nov. 21st-

Exercise in the morning with table top balloon bop was energizing. We had more than twenty people involved in the exercise. ARC clients from Turin were in and helped out with the exercise.

Don Rupert, Westernville, along with his buddy Ken Clark were in and visited with many residents. While the guys were here they got a large pitch game going in the solarium. Alfred Williams (A-wing) got in on the game along with Dorothy Young (A-wing) and Josephine Potter, (C-wing). Their pitch game was a fun way to pass away an hour or two on a chilly day.

We woke up to several inches of snow in the morning.

BINGO was held in the afternoon. Both Bernie Bailey and Sue Kratzenberg (volunteers) were in and helped out with BINGO.

Sat. Nov. 22nd-

During Current events in the morning residents discussed the decrease in gasoline prices and the news of Hillary Clinton chosen by Barak Obama as Secretary of State. Residents really enjoy discussing what is going on in politics and local and around the world news.

In the afternoon residents enjoyed Chips and dip along with soft drinks. They enjoyed socializing and some watched T.V.

Pastor Pete Egnew conducted the Baptist Church Service. Residents enjoyed the many hymns that they sing along with Pastor Pete.

Sun. Nov. 23rd-

New resident Betty Willson enjoyed the company of many family members including her son Ron and daughter-in-law Carolyn from Rome, NY. They said that, "they were pleased with the cleanliness, friendliness, and care that their mom is getting. Betty's great-granddaughter Sierra Slone who is a 6th grader at Adirondack enjoyed helping out in Activities in the afternoon. She got acquainted with many residents and everyone enjoyed her company. Sierra is the daughter of Brandi Sykes (C.N.A.) who is Betty's Wilsons granddaughter.

New resident Betty Gamble (C-wing) was visited by family members over the weekend. Besides her daughter and son-in-law Colleen and Andy Bechard from Port Leyden, was her daughter Debra Gamble from Houston, Tx and Betty's son Ernest from Gelmantown, NY.

The family enjoyed visiting in the sunny solarium with Betty.

Bobby Dolan (former employee, who works at USCP in Barneveld) was in with client Randy Wilson. Bobby and Randy visited Birdella Sweeney.

Sun. Nov. 22nd-

Susan Martin with her guitar led our residents "Sunsetters" group in a hymn-sing in the morning. Residents take turns choosing their favorite hymns to sing. There are many favorites that residents enjoy singing. We have some very nice voices in our group of "Sunsetter Singers." All residents are a part of this group. All enjoy singing hymns every other Sunday morning.

Resident Angeling Lord was visited by her daughter Anita Adam and husband in the afternoon. They enjoyed taking a stroll around the nursing home and watching the gold fish swim about in the Aquarium in the main lobby.

You can find many residents enjoying the Aquarium and watching the gold fish.

In the afternoon Pastor Gooden of the Presbyterian Church held a service in the afternoon. Evelyn Wagner led the hymns on the keyboard. Joyce LeClar assisted residents with hymnals and singing hymns.

Residents enjoyed cookies and punch following the service.

BINGO was held in the evening. Many residents participated along with visitors too.

Mon. Nov. 24th-

Residents were delighted to have Ed Gouger, Dick Satterly, Donna Mucks and Doug Houghton entertain us during coffee hour. Residents and family members filled the room. A lively crowd enjoyed the group and their music and entertainment. Susan Martin (Act. Asst.) along with residents made a triple batch of Banana Nut Bread. It smelled so good while it baked. Residents later enjoyed their Banana Bread with a cup of coffee or tea.

Residents enjoyed socializing while delighting in a tasty treat.

Tues. Nov. 25th-

A very blustery snowy day today. The fluffy white snow looking out over the garden area was a beautiful sight from the solarium windows.

Mass with Father Karlen was held in the morning. Many residents and family attended the service.

In the afternoon a "snowman" took form outside of the solarium windows. Erminie Traxel (B-wing) bundled up and supervised the job of making Frosty. Chris Seelman (nurse manager of A-wing,) Wendy Roberts (D.O.N.) and Brittany White (office) constructed a snow man. He is wearing a big purple hat, a huge carrot for a nose and buttons for eyes. He has colorful buttons all in a row down his front. Many residents watched from inside as the snowman took form. He has put a smile on many faces.

In the afternoon residents enjoyed a pizza party. The delicious pizza was prepared by our dietary staff. Bernie Bailey and Sue Kratzenberg (volunteers) assisted in serving the pizza. Everyone had a great time.

In the evening residents were their own Susan Martin who performed with her guitar. Sue sang many country and sing-a-long songs. Family members also attended the program.

Wed. Nov. 26th-

The monthly Residents Council meeting was held in the afternoon. The meeting was called to order by President Anita Chaisson (B-wing). Many attended the meeting.

Crafts were held in the afternoon with Michelle.

Thurs. Nov. 27th-



Happy Thanksgiving!!

A special day for family and friends. Many of our residents went home for the day to share Thanksgiving Dinner with their families. Some residents spent the night at home with families. Many residents had guest here at the nursing home.

Pat Roach (B-wing) said that she "enjoyed a visit from her brother and his wife, Bob and Ruth Roach from Eagle Bay."

Our dietary dept. served a lovely Thanksgiving Dinner here at the Nursing home. Nancy Wasco (C-wing) said that "it couldn't have been more special." She said the whole day was special and all depts. Worked hard in making it special for everyone."

Nancy and Joe Earl (C-wing) said that they enjoyed a lovely Thanksgiving dinner together in the solarium. Nancy said that "they really enjoyed the stuffing." (One of there favorite Thanksgiving favorites).

Gerry Palaka (B-wing) had a visit from her niece Chrissy form Utica. Gerry also added that she is happy to have met an old acquaintance here at the nursing home. Resident Francis Campbell (c-wing) and Gerry new each other years ago and lost track of each other. After 30 years they were surprised to see each other here at Sunset.

Pennie Oaster, Act. Director served Pie and coffee for residents and families in the afternoon. A huge thank you goes to Pennie for helping to make a special Thanksgiving Day for our residents in Activities.

Also a very special thank you to our dietary staff for planning and preparing such a lovely meal that so many enjoyed.

A very special Thanksgiving Day was had by all.

Fri. Nov. 28th-

Many residents were tired after a big day yesterday. Residents enjoyed sharing stories about their special day with others over a cup of coffee in the morning during coffee hour.

Ashley Thorton brought in her flute and entertained residents in the afternoon. Ashley is in the 4th grade at Adirondack and has been playing her flute since Sept. She did a wonderful job playing "Mary had a Little Lamb."

Residents sang along with the music. Ashley did such a fine job that we asked her to play it over a couple of times.

BINGO was held in the afternoon. Ashley called a few games of BINGO. This was her first time doing this. She did a good job.

Many residents enjoyed playing BINGO and prizes were awarded.

Sat. Nov. 29th-

Michelle Henry held a social hour with crackers and peanut butter in the afternoon. Many resident took part and enjoyed it with a cup of coffee or favorite beverage.

The Baptist church service was held by Pastor Pete Egnew in the afternoon. Many residents attended the service.

Sun. Nov. 30th-

(Michelle Henry Act. Asst.) held a trivia game in the morning following coffee hour. Many residents enjoy Trivia and are very good at it.

The Methodist Church Service was held in the afternoon followed by a social hour with cookies and punch.

Residents mourn the passing of:

- Nora Gilbert
- Henry Ward
- Frances Madden
- Stuart Kaiding
- Mary Smith

Our thoughts and prayers are with Julia Kaiding (C-wing) and her family on the loss of her husband Stuart.

"Staff News"

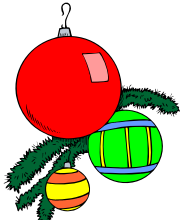
(C.N.A.) Cindy Redmond recently returned from a three week hunting trip with her husband Glenn in the South Eastern part of Montana. Cindy said that she bagged an 8pt.-190 lb. Buck. Her husband Glenn shot a 5pt.-165 lb. Buck. While in Montana Cindy and Glenn took part in a Cattle drive. Riding horse back (and at times 4-wheeler) rounded up cattle and drove them down from the hills. Cindy said that "the Cowboys there welcome them back again" Cindy said that "they had a terrific time." Cindy and Glenn go to Montana yearly and very much enjoy this trip.

L.P.N. Nona Webster is recovering after a fall. Nona has a broken wrist and elbow. We miss her and wish Nona a speedy recovery.

Our sincere condolences go out to staff member Barb Hayes (C.N.A.) on the passing of her father Henry Ward. Our thoughts and prayers are with Barb and her family at this difficult time.

Barb DeLand and her sister recently took a bus trip to Penn. They visited Amish country and enjoyed shopping in outlet stores. Barb said that they had a wonderful time.

We wish to thank all of our volunteers who helped by giving their time to us in what ever special way they choose. Your help is always appreciated and we greatly appreciate you.



If you have news that you would like in our paper regarding our nursing home and residents visits etc. please see me, Susan Martin, in Activities or e-mail me at susieg9753@yahoo.com with Sunset News in the subject box. I will gladly add appropriate news to our paper. There are times that I might miss someone's special visits that you would like included. My apologies for things that I may have missed.



Wishing you all a very

Merry 
Christmas 